

Cooler&Heater Cube HMG1950

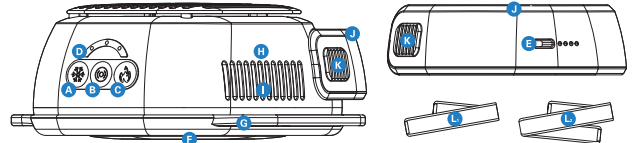
### Product Overview

Provides instant heat or cold application for targeted relief from discomfort. Eliminate messy ice bags and scalding heat packs with the product. Choose between instant hot application, cold application, or alternate with contrast mode to help ease aches and discomfort, address muscle tension, and support recovery. Our proprietary Dual-Temperature Control Technology delivers fast precisely controlled heating, cooling and temperature variation directly to the skin. Use it as a targeted handheld device, or attach it to key areas of your body using the secure straps for on-the-go convenience.

#### Intended Use

The product is intended to help ease aches and discomfort, address muscle tension, and support recovery. Hot and cold applications offer unique benefits, and alternating between the two contrast modes, may further assist with muscle comfort and recovery. The product is designed to be a portable, handheld device used to provide targeted support to an area and can also be securely fastened to the intended area for longer, hands-free use. We also have a replaceable battery design that allows one to charge and the other to use (Optional).

### Getting To Know Your Device



- A Cold Button
- B Heat-Cool Alternation button
- C Heat Button
- D Temperature Level Indicator
- E Charging Port and Battery Level Indicator
- F Temperature Sensing area
- G Cube Strap Frame
- H Grip Area
- I Air Vents (Do not Cover)
- J Replaceable Battery
- K Replaceable Battery Button
- L Short Strap
- M Long Straps

### Getting started

#### Powering the product On and Off

Long press the cold or hot button to begin the cold or hot mode. Long press the alternation button to start the comparison processing. Long press either the hot, cold or the alternation button to manually power the device off.

#### Automatic Shut-Off

The device will automatically shut off at the end of each mode.

#### Step 1

Place and secure the device on the area where you want to use it

- I. Product can be used as a handheld device or securely fastened to the area using the cube strap frame and straps provided. Use the device directly on the skin to maximize benefits or through light clothing if desired. Securely fasten your hair before device use.
- II. The device will arrive inside the cube strap frame. Remove the device from the cube strap frame by pushing on the front and back edges of the cube strap frame. (See Figure 1) The device can be removed from the cube strap frame when being used as a handheld device for increased comfort. To return, align and snap the device into the cube strap frame.

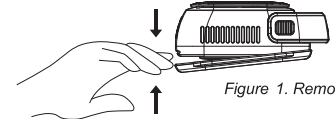


Figure 1. Removing device from Cube Strap

III. To use as a handheld device, place the device on the intended use area with the grid surface facing out. Grip the device using the recommended flat grip area on each side. Do not cover air vents or lay on top of the device. Use the device by either holding it still on the target area or gently massaging. If you plan to hold the device during use, proceed to Step 2: Use the device

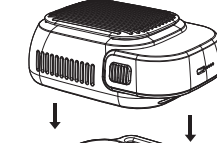


Figure 2. Using one short strap

IV. Arms and limbs: When using the device on the arms and limbs, use a single strap. (See Figure 2) Hold the device with the grid surface facing up. Thread the strap with the grid surface through one of the buckles on the cube strap frame. Velcro to secure the strap. Place the device on the intended area (grid surface facing out) and wrap the strap around the limb. Thread the strap through the buckle on the other side of the device, adjusting as needed, and secure it with Velcro

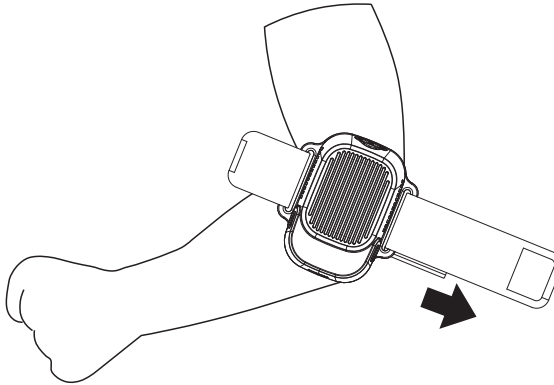


Figure 2 continued. Using one short strap

V. Torso, shoulder, and back: When using the product on the torso, shoulders and back, use both straps together. (See Figure 3) Hold the device with the grid surface facing up. Thread the first strap with the grid surface through the buckle on the left side of the cube strap frame. Next, thread the second strap with the grid surface through the buckle on the right side of the cube strap frame. Velcro to secure each strap so that the grid surface faces out. Place the device on the intended using area (grid surface facing out). Place one strap around the front of your body with the Velcro facing out. Place the second strap on top of it with the short Velcro facing in to connect the two straps. Adjust to tighten as needed. Do not fasten straps around the neck to prevent choking.

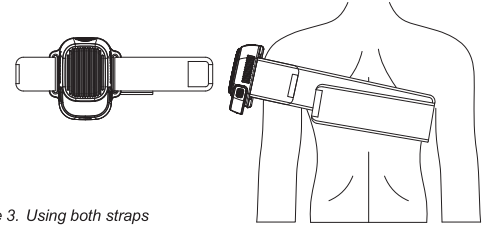
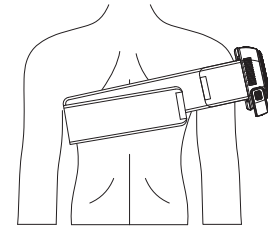


Figure 3. Using both straps

Figure 3 continued

Using both straps



#### Step 2 Use the device

- I. Securely rest the device on the intended using area, and long press either the cold, hot and alternation button to power the device on and begin processing. If placing the device on the intended using area makes the cold, hot and alternation buttons out of reach, power on and choose your usage method first. Long press the cold button to begin cooling mode. The cold button will illuminate as blue as the cooling starts. 1 LED light: 16 °C (61 °F) (default), 2 LED lights: 12°C(54°F), 3 LED lights: 8°C(46°F). The process will run for 18 minutes.

III. Long press the hot (heatwave) button to begin heat mode. The hot button will illuminate as red as the heating starts. Short press the hot button at any point during use to toggle through temperature options. 1 LED light 35 °C (95 °F) (default), 2 LED lights: 39°C (102 °F), 3 LED lights: 42°C (107.6°F). The session will run for 24 minutes.

IV. Long press the alternation button to reach contrast mode. The alternation button will illuminate as the contrast cycle begins. The cycle will run for 20 minutes, spending five minutes in cold application and five minutes in hot application, and repeating once. Short press the cold or hot button at any point during their respective mode to toggle through temperature options (Cold: 3 LED lights: 8 °C (46 °F) (default), 1 LED light: 16°C(61 °F), 2 LED lights: 12°C(54°F); Hot: 3 LED lights: 42°C (107.6°F) (default), 1 LED light: 35°C(95 °F), 2 LED lights: 39°C(102 °F). V. Session durations do not reset when the temperature is changed. Durations do reset when switching between hot and cold modes. The device will power off once the session is complete. VI. Long press the cold, hot or middle button to turn off the device.

#### Step 3 Feel the difference Everyday.

Whether used for targeted discomfort relief or to address muscle tension and stiffness, product will help keep you feeling your best.

### Product Overview

Table 1. Modes

	1 LED light	2 LED lights	3 LED lights
<b>Hot mode</b> 24 minutes total  Short press hot button to toggle between three temperature options.	35°C 95°F Default temperature	39°C 102°F	42°C 107.6°F
<b>Cold Mode</b> 18 minutes total  Short press cold button to toggle between three temperature options	16°C 61°F Default temperature	12°C 54°F	8°C 46°F

	Step1	Step2	Step3	Step4
<b>Contrast Mode</b>  20 minutes total long press the alternation button to begin contrast processing	5 minutes Cold	5 minutes Hot	5 minutes Cold	5 minutes Hot
	The default temperature is 8°C. Short press the cold button to toggle through the three temperature options.	The default temperature is 42 °C. Short press the hot button to toggle through the three temperature options.	The default temperature is 8°C. Short press the cold button to toggle through the three temperature options.	The default temperature is 42 °C. Short press the hot button to toggle through the three temperature options.

Table 2. Mode type selection

Mode Type	Pro Tip
Hot Mode	Reduce muscle pain and soreness Reduce muscle and joint stiffness
Cold Mode	Relieve the discomfort of the muscles Reduce muscle swelling caused by exercise
contrast Mode	Maximize muscle recovery and performance Maximize post-exercise recovery

### After Care & Cleaning

#### Device Maintenance

The following maintenance instructions are important to ensure that your device continues to work as it was designed. Failure to follow these instructions may cause your device to stop working.

#### Care and Cleaning

1. The product is NOT waterproof or machine washable. Do not allow any liquid or water to enter the device or air vents.
2. Ensure that the device is powered off before cleaning.
3. To clean, wipe the inner surface of the strap with a dampened microfiber cloth. Wipe down the device, cube strap frame, and straps completely.
4. Do not use corrosive cleaners.

### Charging

- The battery level is displayed by the number of lights. When the battery is fully charged, all four lights are on, and when the battery is low, the last light flashes

Note: Please use the charging cable provided with this product. If using other charging cables, ensure that it is from a trusted source and has not suffered any structural damage. Do not try to use the device while charging.

90 days limited Warranty Parts and Labor  
PLEASE READ BEFORE USING DEVICE  
PURSONIC warrants this product to be free of defects in material and workmanship for a period of 90 days covering parts and labor from the date of original purchase. To obtain repair or replacement within the terms of this warranty, please return the product with proof of warranty coverage (copy of receipt), description of defect, transportation prepaid to:



This warranty does not apply to any products that has been damaged through alteration, mishandling, misuse or negligence. The extent of PURSONIC's liability under this warranty is limited to the repair or replacement provided above and in no event shall the company's liability exceed the purchase price paid by the purchaser for the product. This warranty gives you specific legal rights and you may also have other rights which vary from state to state. A minimum of \$10 will be charged for any repair service beyond 90 days from the date of original purchase. Also a \$10 money order made payable to PURSONIC must be included to cover return shipping and handling charges.

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