

Spill proof



1 Pull vent tab
close lid



2 Seal edges then
press to expell air



3 Depress valve;
airtight+spill proof

Vent release



Pull valve to
release vent
before microwave



Microwave Heating Instructions



metallic utensils
+
Microbox

ATTENTION prior to use:



Do NOT put metallic
utensils into the Microbox
when using the microwave



silicone lid
+
Microbox

ATTENTION prior to use:



Silicone lid can remain
on the Microbox for
microwave or steamer