

# SHARPER IMAGE®

## PORTABLE FULL BODY STEAM SAUNA

Item No. 212162

User Guide



Thank you for purchasing the Portable Full Body Steam Sauna. Please take a moment to read this guide and store it for future reference.



### Before You Start

- Please read all instructions carefully.
- Retain instructions for future reference.
- Separate and count all parts and hardware.
- Read through each step carefully and follow the proper order.
- We recommend that, where possible, all items are assembled near to the area in which they will be placed in use, to avoid moving the product unnecessarily once assembled.
- Always place the product on a flat, steady and stable surface.
- Keep all small parts and packaging materials for this product away from babies and children as they potentially pose a serious choking hazard.

### Specifications

|                           |                          |
|---------------------------|--------------------------|
| Overall Dimensions(L×W×H) | 35.4" × 35.4" × 70.86"   |
| Material                  | Satin Cover & Iron Frame |
| Rated Voltage of Steamer  | 110V / 60HZ              |
| Power of Steamer          | 800W                     |

## OPERATION MANUAL

1. Zip up the cover and add water to the steamer until the water reaches to the M water line. This amount of water could last about 1 hour. If you like, you can add some herb of flowers in the medicine box. Remember to use a gauze bag to wrap them in advance.
2. Connect the steamer to the sauna room with shorter steamer hose [please keep the air in good condition].
3. Make sure the lid is closed on the steamer and the steamer is connected to the power. Connect the power plug [please pay attention to the Voltage reading on the nameplate, match it], then turn on the power button "ON/OFF".
4. Press the buttons on the steamer or use the remote to turn it on and adjust the time to 90 minute and temperature to P9. Let it preheat for about 10-15 minutes first. When the steam is ready in the tent, the sauna may be started.
5. Before you get into the cover, adjust the temperature back to P6 first since p6 is suitable for most people. You can turn it up if you think it is not hot enough.
6. To set the time, press the 'TIMER' button. There are 9 grades for time from 15 minutes to 90 minutes. The recommended time is 20-30 minutes [press the up button for 15-80 minutes. For 90 minutes, the user must press the button down].
7. To set the temperature, press the 'TEMP' button. There are 9 adjustable temperature grades. The recommended temperature is 6-8 grades depending on their comfort level [press the top button for grades 1-8. For grade 9, users need to push the button down].
8. There is a 'FOGGING' button. When pressed, the water vapor becomes smoother and more pleasing to the skin.

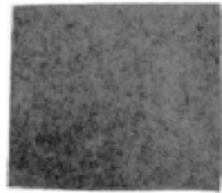
## NOTE:

1. Sauna room is not medical equipment and cannot be used for medical use.
2. If you feel uncomfortable, dizzy, or tired, please stop using it.
3. Herbal medicine is only for sauna bath and cannot be taken orally.

## PART LIST



Cover × 1



Mat × 1



Steamer × 1



Steam Tube × 2



Chair × 1



Steam Box × 1



A × 8



B × 4



C × 4



Steel Pole × 16

## SAFETY INSTRUCTIONS



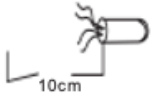
Please keep the product in balance when using it. To prevent fire hazard, do not place the steamer near flammable materials.



Pregnant women and people with high blood pressure and heart disease should not use this product. Please wait at least 30 minutes after eating before using this product. For your safety, do not use this product in time of great hunger.



Don't put animals or plants into the sauna room.



10cm

When using the product, stay at least 10 cm (4 inches) away from the steam outlet. Don't touch the steam outlet with bare hands.

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Do not use the product in humid environment or immerse it into water.



The water filled in the steamer should not reach over the max water line in case of malfunction.



200-300ml

User should drink 200-300 ml water or tea before using the product. Please prepare a towel for wiping sweat. Take a break after a certain period of using. Don't use the product consecutively over 20 minutes in one time.



The elderly should be accompanied by someone when using the product.

## SAFETY INSTRUCTIONS



The steamer will power off automatically when the water inside dries up. It will restart 20 minutes later. If it doesn't restart, please contact supplier. Never turn on the steamer without water added.



Don't forget to disconnect the power after use and wipe it clean with a damp cloth after 15 minutes of cooling down. Don't clean the product with water directly.



The sauna room and steamer must be placed on a flat surface. Do not open the lid immediately if the steamer is working. Disconnect the power and let it thoroughly cool down first.



Always keep the product clean and in good condition to make its service life longer.



Please keep this product out of reach of children.



Flammable, toxic, corrosive, or other harmful liquids must not be put into the steamer as it might cause bodily injuries or property damage.



The steamer should be only used with the sauna room. It should not be used for other heating purposes. Don't repair or modify the product.



Milk should not be put into the steamer. If you want to use herb or flowers, remember to use a gauze bag to wrap them in advance.

# INSTALLATION INSTRUCTIONS

1. Connect A joints and steel poles as shown in Fig 1.  
Then connect 4pcs A joints and 4pcs steel poles as shown in Fig 2.

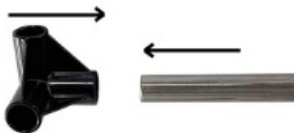


Fig 1

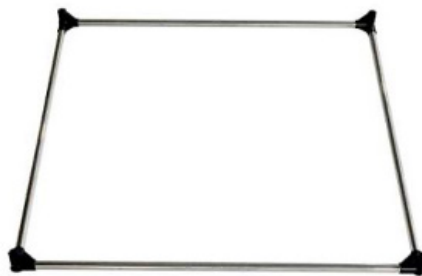


Fig 2

2. Twist 4pcs B joints and C joints tightly as shown in Fig 3.  
Connect with the steel poles as shown in Fig 4, then install combined poles with bottom frame.



Fig 3

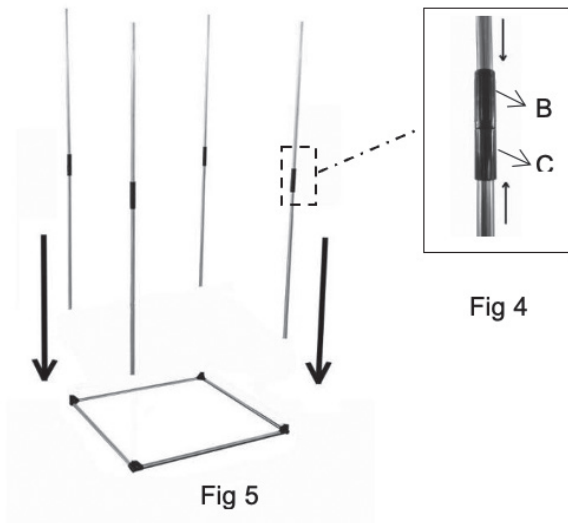


Fig 4

Fig 5

3. Connect 4pcs A joints and 4pcs steel poles as shown in step 1, then install them as shown in Fig 6.



Fig 6

4. Pull down the frame, then install the bottom of cover to frame as shown in Fig 7.



**Fig 7**

5. Install the upper cover to frame as shown in Fig 8.



**Fig 8**

6. Stand the product upright, zip up the main Zipper, the final assembly is shown in Fig 9.



**Fig 9**

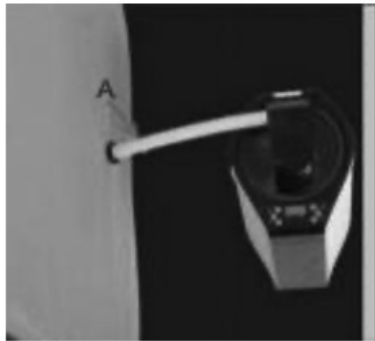
## HOW TO GET STARTED



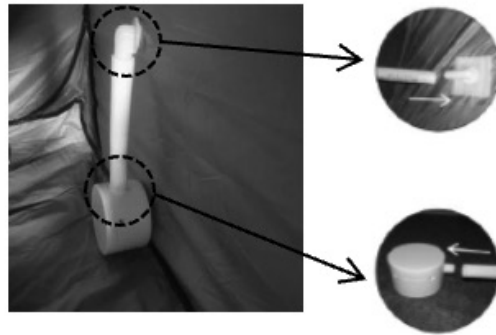
1. Open the package, carefully read the sauna assembly instructions.



2. Open steamer lid, pour clean water into steamer.



3. Bring out steam tube (point A) and connect steamer outlet into sauna



4. Bring out steam tube (point B) and connect sauna outlet with medicine box



5. Place chair and mat inside of sauna room as shown.



6. After finishing assembly, wait for 10-15 minutes while the steam fills sauna.

## WARRANTY AND CUSTOMER SERVICE

This item from SharperImage.com includes a 1-year limited replacement warranty. If you have any questions not covered in this guide, please call our Customer Service department at 1 (877) 210-3449. Customer Service agents are available Monday through Friday, 9:00 a.m. to 6:00 p.m. ET.

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