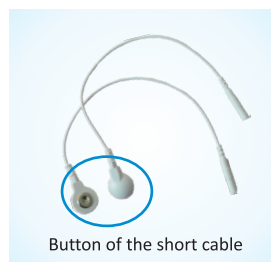




TENS device, socks, pads, cables



Button of the short cable

DL003 TENS Socks Electronic Pulse Massager Use Instruction

Option 1. Use one cable, 2 socks

1. Connect the button of the short cable to each of the socks.
2. Connect the other end of cable to the long TENS unit cable. The long cable has 2 inserts, so both socks shall be connected to these 2 inserts.
3. Wear socks on both feet at the same time.
4. The long cable shall be inserted to channel A (or left side) on the device.
5. Start the TENS unit to feel the current on both feet.

Option 2. Use 2 cables, 2 socks and 2 pads at the same time

1. Connect the button of the short cable to one sock, wear that on right foot.
2. Connect the other end of cable to the long TENS unit cable. Use a refill pad to connect the 2nd insert on the long cable. Place the pad on right leg skin area near the sock.
3. Do the same on the 2nd sock and pad, wear that on left foot.
4. Both channels on TENS unit are connected.
5. Start the TENS unit to feel the current on both feet.

Attention

1. After 15 minutes use, hold the base button when disconnect the cable from the sock. This helps to prevent tearing the electro-fiber off around the base button area, and to prolong lifespan of the TENS socks.
2. If socks get dirty, they can be lightly washed by hand using soapy water. Please dry in sunlight. Do not use washing machine to wash the socks, and do not dry in dryer.

Please refer to the manual of the TENS device, for instructions on how to use the TENS unit, change programs, or speed and intensities.

For better treatment and result, wear slippers or house shoes while wearing socks and TENS device on; or have feet touch floor, ground, or against sofa to ensure better electro-connectivity.