

Foot massager



Special reminder: It is recommended to use it for 15-30 minutes. The device is set to automatically stop within 15 minutes and can be restarted according to your own needs

Operation process



1.Align the massage pad with the host and install the two contacts correctly



2. Place both feet separately on both sides of the massage pad



3.Press the "+" "-" key to select the appropriate strength, when the strength is 0, then press the "-" key to shut down



4. Press the "M" key to select the appropriate gear



5.Insert the electrode wire into the power interface, which can be used with a mini pad

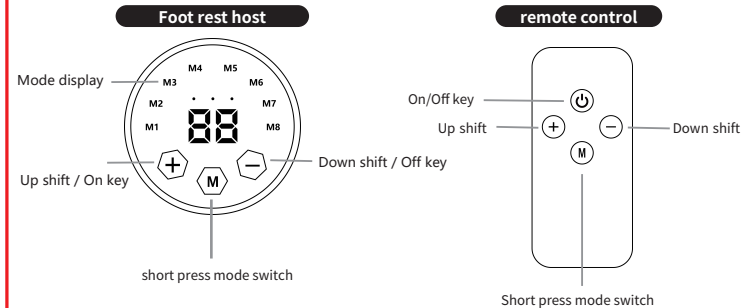


6.Remote control models can use a remote control to operate the host

Product List

- Controller*1
- Massage foot pad*1
- Charging line*1
- Instructions*1
- Remote control*1 (extra)
- Electrode wire*1 (extra)
- Mini Pad*2 (extra)

Host button function



product model

M1 mode 1: Relax, massage, and relax muscles to alleviate muscle fatigue.

M2 mode 2: Strengthen abdominal muscles to strengthen core strength.

M3 mode 3: Shaping improves muscle activity and tightens abdominal lines.

M4 mode 4: Deep tearing stimulates muscles to promote muscle growth.

M5 mode 5: Kneading, simulated kneading massage, firming leg muscles.

M6 mode 6: Shake, simulate shake massage, activate leg muscles.

M7 mode 7: Primary fat burning gently stimulates muscles to continuously burn calories.

M8 mode 8: Advanced fat burning stimulates muscles to quickly burn calories.

Product specifications

trade name	planter massager		
working voltage	dc3.7v	Charging Voltage	dc5v
Weight	About 300g	Recommended ambient temperature	10-40°C
material quality	Conductive cloth, lycra cloth, ABS, etc		
Product size	32CMX30CM		

state	Possible causes	Handling measures
Unable to power on	Depleted battery	Charging
Unable to feel electrical stimulation or Too weak stimulation	Low setting intensity	Increase high intensity on the host or remote control
Current stimulation too strong	Setting intensity too high	Adjust the low intensity on the host or remote control
Sudden interruption of current stimulation	Depleted battery	Charging

note

Charging instructions

1. The charger output of this product is 5v1a. Please connect the charger to the charging interface for charging.
 2. It takes about 40 minutes to fully charge the air battery.
 3. This product can be charged using a clearly labeled 5v1a.5v2a output power bank or a 5v1a.5v2a mobile phone charger.
 4. The red indicator light remains on during charging, but goes out after charging is completed
- Do not use this product together with the following medical electronic instruments, as it may cause accidents or damage the medical electronic instrumentsMalfunction, causing serious damage to the body.
 - Implantable medical electronic instruments such as cardiac pacemakers
 - Medical electronic instruments used for maintaining life, such as artificial heart and lungs
 - Wearable medical electronic instruments such as electrocardiograms
 - The following personnel are not allowed to use it, as it may cause accidents or skin or physical problems
 - Heart disease, severe hypertension patients
 - Pregnant women, women who have just given birth
 - The following individuals must consult a doctor before using this product, otherwise it may cause accidents or skin or physical problems.
 - Individuals with allergic constitution, skin perception disorders or abnormalities (such as infections or wounds), or blood circulation disorders are currently experiencingMedicated patients with malignant tumors, sensory and neurological abnormalities (epilepsy, etc.)
 - Intuition disorder caused by high terminal circulation disorder caused by diabetes, etc
 - Patients with fever (above 38 ° C), those who need rest, patients with acute (painful) diseases such as spinal fractures, sprains, and muscle strains
 - Patients with osteoporosis and other bone abnormalities, abnormal blood pressure, obvious physical abnormalities, and patients undergoing treatment in medical institutions
 - Please do not use this product in places with high humidity such as bathrooms, otherwise it may cause electric shock
 - Please read the user manual carefully before use and use this product in a normal manner.
 - This product cannot be shipped by air and cannot be carried on an airplane.

After sales service card

Product Name	
Model	
purchasing date	
Name	
Mobile	
Address	
Fault Description	

Please fill in your information carefully and send this card along with the product that needs to be repaired back to our company's repair center
*Note: Please refer to the manual for specific warranty terms!

certificate

Inspection results: _____

examination clerk: _____

DATE: _____

