



Cordless Heat & Cold Beauty and Relaxing Massager



Instruction Manual
Model: **KH 323**

*** Keep this manual for future reference ***

READ AND SAVE IMPORTANT SAFETY INSTRUCTION

Read the following safety information carefully before using this product. If you have any medical conditions (such as pacemaker and pregnant) or are undergoing medical treatment or surgery, we advise that you should consult with your doctor before use.

SAFETY NOTE:



Warning: This product does NOT have waterproof, do not immerse water. Do not use this product under blankets or under other covers. This product is NOT a toy.



Attention: This product is designed for private use, not intended for medical or commercial purpose. Children should be supervised to ensure that they do not use this product as a toy.

CAUTION:

- Do not immerse water in any circumstances.
- Do not use the product if you are hungry, right after meal,

drunk, or right after extreme exercise.

- Do not use the product if you have wound or are after surgery and not yet fully recovered.
- Do not use this product continuously for more than 20 minutes at a time. The product has default working time from 3 to 10 minutes. It'll automatically turn off when the time is up. It is recommended that you should take 10 to 15 minutes break for every 20 minutes of use.
- Do not use this product while you are sleeping, and avoid falling asleep while the product is in use.
- Always unplug the product from the power outlet after charging. Never leave this product unattended while its power is connected for charging.
- Never use the product close to heater, fireplace, stove or other heat source.
- Always escort and pay attention while children, patients, disabled and elderly people are using this product. This product is not for children without adult supervision.
- Never use the product if the plug/wire/product is damaged, if it is not in a smooth operation as it should be, or if it immerses water.
- Unauthorized person is not allowed to reconstruct or replace the component of this product.
- Do not use this product in sauna room or bathroom, or in

area where has high humidity.

- Close supervision is necessary when this product is used by, close or next to children, invalids, or disabled person.
- Never let children, mental retarded and people with difficulty in action to operate this product and to reach the power cord.
- If the product has not been used for a long time, check it before use again.
- Excessive use can lead to overheat and shorter product life. Should this occur, turn off and unplug the power, and allow the product to cool down before use again.
- Do not use this product as a substitute for medical treatment.
- This product is designed for household use only.

MEDICAL NOTES:

1. To avoid excessive stimulation of skin, the massage time should not exceed the recommended minutes at a time.
2. If you are under medical treatment and your doctor or orthopedist does not particularly forbid massage, you can enjoy the massage following your doctor's instruction.
3. A massage should never feel unpleasant. Should pain or discomfort result, discontinue use and consult with your

doctor.

4. Excessive massage can also have harm to body.
5. People who are unable to feel normal temperature, the ill persons undergoing medical treatment and children should not use this product. If in doubt, talk to your doctor in advance.

WARNING — TO REDUCE RISK OF BURN, FIRE, ELECTRIC SHOCK, OR INJURY TO USERS:

1. This product should never be left unattended when it is plugged in. Unplug from outlet when it's not in use.
2. Close supervision is necessary when this product is used by or close to children, invalids, or disabled persons.
THIS PRODUCT IS NOT A TOY.
3. Use this product only for its intended use as described in this manual.
4. Never operate this product if it has a damaged power cord or plug, if it is not working properly, if it has been damaged on shell or immersed water. Return the product to service center for examination and repair. Never try to take apart or repair this product by yourselves.
5. Do not carry this product with its power cord or use the power cord as a handle.
6. Turn off the product on the control panel before

removing plug from outlet. Do not turn on the device during charging.

7. Use only the original adaptor that comes with the product.
8. Keep this product and its power cord away from fireplace or wet sources.
9. Always unplug the power cord from the electrical outlet after using and before cleaning.
10. Do not use attachments that are not recommended by manufacturer for this product.

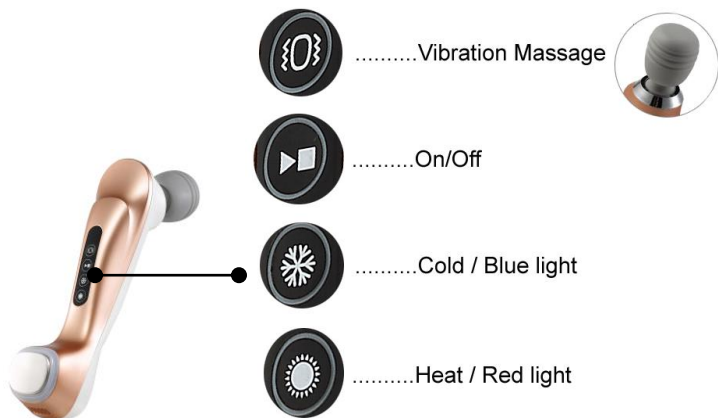
NOTICE: this product should not be used in the following circumstances:

- Massage should be comfortable and pleasant. Should extreme pain result, discontinue use and consult with your doctor.
- Avoid the use of an uncertified extension cord because the extension cord may lead to overheat and risk of fire.
- This product should never be used by an individual with a medical condition that will limit the user's capability to operate the product.
- Never use this product if there is wound or injury on targeted area.
- Do not use this product after taking pain relief

medications, sedatives or alcohol. Consult with your doctor if you are under these circumstances.

- Do not use this product when you have insensitive skin in your targeted areas or in the environment of poor air circulation. The unattended use of heat by children or incapacitated persons may be dangerous.
- It is recommended not to use this product 30 minutes before or after your meal.

Touchpad Control Panel:



OPERATION INSTRUCTION:

Charging the product:

This product has built-in rechargeable battery. It is recommended to have it fully charged for the first time use.

- Plug in the USB charging cable to the device and to the external power source (using an USB AC adaptor if it is to wall outlet).
- During charging, the indicator light turns **red** on control panel.
- When it is fully charged, the indicator light turns **violet** on control panel.
- The estimated charging time is 4-6 hours.
- During charging, do not turn on the device; do not leave the device unattended.
- When the battery is low, the indicator light will flash constantly and the device will shut down automatically. Charge the device before using it again.

Start with Vibration Massage:

- Press **On/Off** button to turn on the device.
- The device will start with vibration massage

automatically.

- Three selective levels of vibration intensity: Level 1, Level 2, Level 3.
- Press the **Vibration** button continuously to switch intensity with different LED colors:
 - Blue (Level 1)
 - Violet (Level 2)
 - Red (Level 3)
- Default vibration time is 10 minutes. It'll shut down automatically after 10 minutes. Turn it on again if needed.

Cold Therapy:

- Make sure your skin is clean.
- Remove the protective cover on the cold head (if any).
- Press **On/Off** button to turn on device.
- Press **Cold** button to turn on cooling function. Narrow spectrum blue ray is on.
- Apply the cold head to your skin (targeted area) and rotate it gently.
- Three selective levels of cooling temperature: Level 1, Level 2, Level 3.
- Press the **Cold** button continuously to switch

temperature with different LED colors:

- Blue (Level 1 – about 15 Celsius degree / 59+-5 F)
- Violet (Level 2 – about 10 Celsius degree / 50+-5F)
- Red (Level 3 – about 5 Celsius degree / 41+-5F)
- Default cooling time is 3 minutes. It'll shut down automatically after 3 minutes. Turn it on again if needed.

Heat Therapy:

- Make sure your skin is clean.
- Remove the protective cover on the heat head (if any).
- Press **On/Off** button to turn on device.
- Press **Heat** button to turn on heating function.
Narrow spectrum red ray is on.
- Apply the heat head to your skin (targeted area) and rotate it gently.
- Three selective levels of heating temperature: Level 1, Level 2, Level 3.
- Press the **Heat** button continuously to switch temperature with different LED colors:

- Blue (Level 1 – about 35 Celsius degree / 95+-5 F)
- Violet (Level 2 – about 40 Celsius degree / 104+-5 F)
- Red (Level 3 – about 45 Celsius degree / 113+-5 F)
- Default heating time is 3 minutes. It'll shut down automatically after 3 minutes. Turn it on again if needed.

Note:

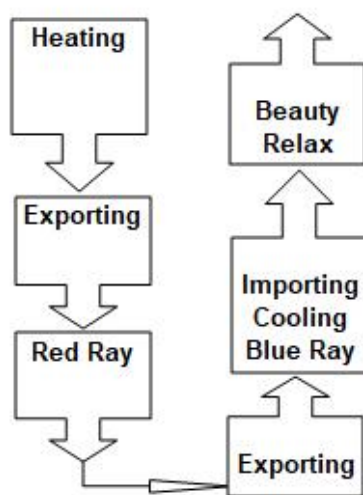
- It is recommended that each massage method should not be used for longer than 10 minutes. 6 minutes or less for each massage method is preferred.

Recommended Use for Cooling and Heating Function:

- Clean pores and remove grease and dirt: cleaning face with facial wash; start with heating mode to open up pores, take out dirt hidden inside skin and remove blackheads.
- Absorption enhancement and skin moisture: wash face, apply cosmetics lotion and or essence on face; start with heating mode to enhance absorption of

skincare products.

- Tightening skin: wait for about 2 to 3 minutes for the skincare products to be absorbed; start with cooling mode to shrink pores, tighten skin, and massage for further absorption.
- Targeted areas: face, neck, shoulder, back, and lower body.



Care and Maintenance

- This product does not have waterproof. Do not immerse water.

- Before cleaning, you must turn off the device.
- Clean the cold head or the massage head only with a soft, damp towel. Never use strong abrasives, detergents or cleaning agents for cleaning.

Storage:

- Unplug the power cord from the electrical outlet and allow it to cool down.
- Place it in its pouch and box or in a clean, dry location.
- Do not drag or hang the unit with its power cord.
- This product is designed for household use only.
- Never put the product close to fireplace or other heating sources.

Features:

- Cordless heat and cold therapeutic vibration beauty massager.
- Heat therapy: stimulate blood circulation; open up pores, effective removal of facial toxins, blackhead, and dirt. Double up absorption of skin care products by the skin.
- Cold therapy: shrink pores, enhance absorption, tightening and firming skin, maintain skin elasticity.
- Vibration wand massaging to relax your shoulder, back, and lower body.

- Rechargeable, portable, enjoy relaxation on the go.
- Cooling and heating with three selective temperature levels.
- Powerful vibration with three selective intensities.

Specifications:

- Cooling with 3 selective temperature levels:
 - Blue (Level 1: 15 Celsius degree / 59+-5 F)
 - Violet (Level 2: 10 Celsius degree / 50+-5 F)
 - Red (Level 3: 5 Celsius degree / 41+-5 F)
- Heating with 3 selective temperature levels:
 - Blue (Level 1: 35 Celsius degree / 95+-5 F)
 - Violet (Level 2: 40 Celsius degree / 104+-5 F)
 - Red (Level 3: 45 Celsius degree / 113+-5 F)
- Vibration with 3 selective speeds (4500, 5500, 8000 RPM)
- Rechargeable (18650) Li-ion battery: 3.7V 2600mAh
- Max power: 10W
- Input voltage: USB, 5V, 1000mAh
- Temperature range: 5-45 Celsius degree
- Charging time: 4-6 hours
- Battery life: 2 hours for vibration or cooling; 6 hours for heating.
- Motor speed: 4000 to 8000 RPM

- Automatic timing: 10 minutes for vibration; 3 minutes for cooling or heating
- With USB charging cable (compatible with Smartphone USB AC adaptor)
- Water-proof for wand massager
- Product weight: 0.8 lbs (370g)
- Product size: 11x2.5x2.4 inches (28x6.5x6cm)



Correct Disposal of this product:

This marking indicates that this product should not be disposed with other household wastes. To prevent possible harm to the environment or human health from uncontrolled waste disposal, recycle it responsibly to promote the sustainable reuse of material resources. To return your used product, please use the return and collection system or contact the retailer where the product was purchased from.

Troubleshooting:

Problem	Cause	Solutions
No power	Battery out of power	Need to recharge
Heating or Cooling stops working	Its default working time is 3 minutes	Turn off the power and turn it on again.
Vibration massage stops working	Its default working time is 10 minutes	Turn off the power and turn it on again.
Not charging	Wrong charging cable	Use the USB charging cable provided for the product
Not fully charged after max. 6 hours	Incorrect voltage	Replace new USB charging cable or USB AC adaptor. Recharge from computer or power bank. Charging time varies from different power sources.
Buzzing sound with vibration massaging	Normal sound from vibration motor.	

Note: This product is not intended to diagnose, treat, cure, or prevent any disease.