



Double Relief Foot and Leg Massager

Air Compression | Shiatsu Rolling | Heat Treatment



Instruction Manual
Model: **KH396**

*** Keep this manual for future reference ***

READ AND SAVE IMPORTANT SAFETY INSTRUCTION

Read the following safety information carefully before using this product. If you have any medical conditions (such as pacemaker and pregnant) or are undergoing medical treatment or surgery on the targeted area, we advise that you should consult with your doctor before use.

SAFETY NOTE:



Attention: Do NOT stand up on footboard. This product does NOT have water-proof, do not immerse water. Do not use this product under blankets or under other covers. This product is NOT a toy.



Attention: This product is designed for private use, not intended for medical or commercial purpose. Children should be supervised to ensure that they do not use this product as a toy.

CAUTION:

- Do not immerse the product into water for cleaning.
- Do not stand up on this product or stand up inside its massage board. Use it only when you are seated on a chair or sofa.
- Do not try to plug or unplug the power adaptor when hands are wet.
- Do not use the product if you are hungry, right after meal, drunk, or right after extreme exercise.
- Do not use the product if you have wound or are after surgery and not yet fully recovered on legs or feet.
- Do not use this product continuously for more than 40 minutes at a time. It is recommended that you should take 5 to 10 minutes of break for every 20 minutes of use.
- Do not use this product while you are sleeping, and avoid falling asleep while the product is in use.
- Always unplug the product from the power outlet after use. Never leave this product unattended while its power is connected.
- Never use the product close to heater, fireplace, stove or other heat source.
- Always escort and pay attention while children, patients, disabled and elderly people are using this product. This product is not for children under age 12.
- Never use the product if the plug/wire/product is damaged, if it is not in a smooth operation as it should be, or if it immerses water.
- People with heart disease or are prohibited to have excited exercise should not use this product unless you have consulted with your doctor.
- People with skin allergy, wounded or after surgery and not well recovered should not use this product unless you have consulted with your doctor.
- Unauthorized person is not allowed to reconstruct or replace the component of this product.
- Do not use this product in sauna room or bathroom, or in area where has high humidity or wet floor.
- Close supervision is necessary when this product is used by, close or next to children, invalids, or disabled person.

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- Never let children, mental retarded and people with difficulty in action to operate this product and to reach the power source.
 - If the product has not been used for a long time, check it before use again.
 - Excessive use can lead to overheat and shorter product life. Should this occur, turn off and unplug the power, and allow the product to cool down before use again.
 - Do not use this product as a substitute for medical treatment.
 - This product is designed for household use only.

MEDICAL NOTES:

1. To avoid excessive stimulation of skin, the massage time should not exceed the recommended 40 minutes at a time (its default time is 20 minutes maximum).
2. If you are under medical treatment and your doctor or orthopedist does not particularly forbid foot spa massage, you can enjoy the massage following your doctor's instruction.
3. A massage should never feel unpleasant. Should pain or discomfort result, discontinue use and consult with your doctor.
4. Excessive massage can also have harm to body.
5. People who are unable to feel normal temperature, the ill persons undergoing medical treatment and children should not use this product without adult supervision. Foot massage could be dangerous to people with wound or injury on legs or feet. If in doubt, talk to your doctor in advance.

WARNING - to reduce risk of burns, fire, electric shock, or injury to users:

1. This product should never be left unattended when it is plugged in. Unplug it from outlet when it is not in use.
2. Close supervision is necessary when this product is used by or close to children, invalids, or disabled persons. **THIS PRODUCT IS NOT A TOY.**
3. Use this product only for its intended use as described in this manual.
4. Never operate this product if it has a damaged power cord or plug, if it is not working properly, if it has been dropped or damaged on case or immersed water. Return the product to service center for examination and repair. Never try to take apart or repair this product by yourselves.
5. Do not carry this product with its power cord or use the power cord as a handle.
6. Turn off the device on the controller before unplug from wall outlet.
7. Use only the original adaptor that comes with the product.
8. Keep power cord away from heat or wet sources.
9. Always unplug the power cord from the electrical outlet after using and before cleaning.
10. Do not use attachments that are not recommended by manufacturer for this product.

NOTICE: this product should not be used in the following circumstances:

- Massage should be comfortable and pleasant. Should pain or discomfort result, discontinue use and consult with your doctor.
- Avoid the use of an uncertified extension cord because the extension cord may lead to overheat and risk of fire.
- This product should never be used by an individual with a medical condition that will limit the user's capability to operate the product.
- Never use this product if there is wound or injury on legs or feet.

- Do not use this product after taking pain relief medications, sedatives or alcohol. Consult with your doctor if you are under these circumstances.
- Do not use this product when you have insensitive skin in your targeted areas or in the environment of poor air circulation. The unattended use of heat by children or incapacitated persons may be dangerous.
- It is recommended not to use this product 30 minutes before or after your meal.

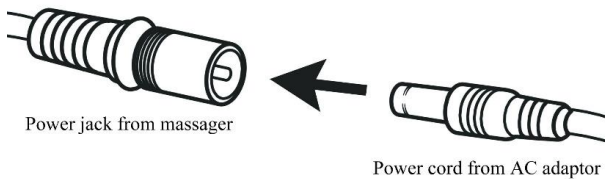
SPECIAL WARNING:

- Do not place this product where it may fall into a tub or sink.
- Do not immerse water or other liquid with this product.
- Do not put your foot into the massage board when your foot is wet.
- Do not attempt to plug or unplug the power source while your feet are in the massage board or when your hands are wet.
- Use the product on a dry sturdy level surface.

OPERATION GUIDE

Power connection:

- Connect the AC to the electric outlet and to the power jack on massager.



Controller:



Power Button:

- Press and Hold the Power button for 3 seconds to turn on power.
- Press and Hold the Power button for 3 seconds to turn off power.
- After power is on, the device will start massaging with heat, Shiatsu, and air compression with mode 1 and low intensity.

Heat Button:

- After power is on, press the Heat button to turn on or turn off heat function any time during massaging.

Shiatsu Button:

- Press the Shiatsu button to turn on or turn off Shiatsu massage.
- Shiatsu rolling massage switches its direction (forward or backward) alternately every 40 seconds.
- Shiatsu massage can work alone without heat.

Air Compression Massage:

- Press the Air button to switch between Mode 1 to Mode 2.
- Press the Intensity button to switch between Low and High intensity.
- Air compression massage cannot be turned off once the power is on.
- Default working time: 20 minutes. The device will shut off automatically after 20 minutes.
- Turn off the device, and unplug the power from wall outlet when it is not in use.

Controller Pouch:

- Put the controller inside the pouch once the massage mode is set.



Cleaning and Maintenance:

1. Before cleaning, you must turn off the power and unplug the power cord from the electric outlet.
2. Clean the product only with a soft damp towel. Never use strong abrasives, detergents, or cleaning agents for cleaning.
3. Do not immerse the product in water to do cleaning.

Storage:

1. Unplug the power cord from wall outlet and allow it to cool down.
2. Place it in its box or in a clean, dry location.
3. Do NOT drag or hang the unit with its power cord or its controller.
4. This product is designed for household use only.
5. Never put the product close to fireplace or other heating sources or in bathroom or any place with high humidity.

Features:

- Double relaxation with air compression massage on legs and Shiatsu rolling massage on feet for relief of stress and sore muscles.
- Innovative design to provide cozy massage on both leg and foot while sitting up, leaning back or even lying down on sofa. Hassle free!
- Air compression massage with two selective intensities and two preprogrammed massage modes to provide deep or light stress relief massage.
- Soothing heat therapy on foot helps boost body circulation.
- Shiatsu rolling massage with two alternate directions and 16 massage nodes.
- Air compression massage and shiatsu rolling massage with heat can work alone or simultaneously.
- With handy controller and built in controller pouch.
- Raise-up legs with non-slip rubber pad, compact and lightweight.
- Made of high-quality cozy-touch polyester and satin material, comfortable, durable, foldable and convenient for storage.
- Overheat protection and auto shut off in 20 minutes.
- Adjustable strapping system ensures a comfortable fit of larger feet and legs.

Specifications:

- Large massage board accommodates foot length of up to 11 inches.
- Fits calf girth of up to 21 inches.
- Four sets of air chambers for air compression massage.
- Strapping system on both leg and foot.
- Height of air compression tube: 17 inches
- Powered with home use AC adaptor (included).
- With handy remote controller.
- Input: 110-240V 50/60Hz 0.8A
- Output: 12V, 3A
- Power consumption: 36W
- Default working time: 20 minutes

- Heat temperature for foot: 40 to 45 Celsius degrees (104 to 113 Fahrenheit degrees).
- Air compression intensity: Low, High.
- Massage modes: M1, M2.
- Shiatsu rolling massage directions: clockwise and anti-clockwise.
- Product weight: 5.8 lbs
- Product dimension: 13 x 11x 3.5 inches (folded).
- Product height (calf): 17 inches



Correct Disposal of this product:

This marking indicates that this product should not be disposed with other household wastes. To prevent possible harm to the environment or human health from uncontrolled waste disposal, recycle it responsibly to promote the sustainable reuse of material resources. To return your used product, please use the return and collection system or contact the retailer where the product was purchased from.

Troubleshooting:

Problem	Cause	Solutions
Machine has no power	Power connection or not yet turn on the power	Make sure the power cord is connected to the power jack on machine properly. Press and HOLD the power button for 3 seconds to turn on power.
Temp is not responding	Heat is not turned on	Press the heat button to turn on Heat.
The heat light changes to dim during massaging.	The heat temperature reaches its maximum level, and the heat goes into stand by mode.	Turn off power and turn it on again to start heating again. Or, the heat function will start again once its temperature is lower than its maximum level.
Product stops working	Default working time is up (max. is 20 minutes).	Press Power button to turn on power again.
Cannot turn on air compression	It is designed to be on all the time	Cannot turn it off when the power is on. Try to use the M1 and L intensity.

Note: This product is not intended to diagnose, treat, cure, or prevent any disease.

Limited Warranty:

Please contact seller for warranty. Limited warranty from manufacturer only for original purchaser against manufacturing or workmanship defect under normal use. Due to the hygiene or rehabilitation nature of this product, it is non-returnable unless it is in unused condition.

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