

# NUDERMA

High Frequency Skin Therapy Wand

User Manual



## WARNINGS AND PRECAUTIONS

Immediately discontinue use of NuDerma if you experience any rare adverse reactions such as an allergic response, swelling, skin discoloration, extreme redness, hyperpigmentation or if you feel any unusual pain during use.

Do not use NuDerma if you use a pacemaker, neuro-stimulator, ECG monitor, or any other type of implanted electronic device that is inside your body. If you use a body-worn medical device, such as an insulin pump, consult your physician prior to use. If you wear permanent metal retainers or have braces, consult your dental professional prior to using NuDerma.

Do not use NuDerma if you are or might be pregnant. Consult your physician prior to use if you are breastfeeding.

If you have high or low blood pressure, a heart condition, epilepsy, or seizure disorders, consult your physician prior to use.

If you have any diagnosed skin conditions, consult a Dermatologist prior to using NuDerma. Do not use NuDerma on areas with active skin cancer or suspicious lesions. Do not use NuDerma on any areas of skin that lack sensation or have swelling, bruising, cuts, abrasions or infections.

The NuDerma Wand is not intended for persons with reduced physical, sensory or mental capacities unless supervised by a responsible adult party.

Do not use this device on children or animals. Keep the NuDerma and its attachments out of reach of children and pets.

Prior to use, we recommend removing any metal objects, such as jewelry, which may come in direct contact with NuDerma during a treatment session.

The glass tubes that are included with your NuDerma Wand are fragile. Do not handle them by the tip—they will break. Only hold and handle them by the base when inserting and removing them from the NuDerma handle.

Do not handle or use your NuDerma with wet hands. Do not immerse any part of the NuDerma in water. Do not use NuDerma near bathtubs, showers, basins, or other vessels containing water.

Never use NuDerma near combustible liquids or gasses, or with oil-based or alcohol-based products.

Always store in a cool, dry place, away from extreme temperatures.

Only use official NuDerma glass tubes sold by Pure Daily Care. Only use glass tubes that are designed for use with the NuDerma wand model you are using: NuDerma (original), NuDerma Professional, or NuDerma Clinical. Using non-approved 3rd party glass tubes will void your warranty and could damage the device. Never power on the NuDerma before inserting one of the attachments. Never insert fingers or any objects other than the provided glass tubes into the wand even if the device is unplugged.

Do not use any parts of your NuDerma that look visibly damaged. Unplug the device by grasping the plug and not the cable.

Do not plug the NuDerma wand into a power-strip, timer, or connect it via an extension cord. Do not plug NuDerma into an outlet where the electrical supply is unstable or likely to be turned off.

Always unplug the device safely from the socket if the cable becomes frayed or damaged or if the device starts to smoke, emits a loud noise, or appears visibly broken. If the power cord or adaptor is damaged do not attempt to repair, contact [support@puredailycare.com](mailto:support@puredailycare.com)

Do not attempt to dismantle or repair your NuDerma for self-service. If the appliance is not working as it should or has been dropped, damaged, left outdoors, or has come in contact with water, do not use and contact our support team at [support@puredailycare.com](mailto:support@puredailycare.com)

# INTRODUCTION

Welcome to Your NuDerma High Frequency Wand from Pure Daily Care.

Get ready to transform your skin with a powerful skincare tool that's loved by estheticians and everyday people worldwide. With over 1 million customers, we are excited to help you transform your skin like never before!

It's important to read through the entire manual as well as any additional information that came with your purchase to ensure you get the best results.

## WHAT IS HIGH FREQUENCY AND HOW DOES IT WORK?

High frequency is an advanced modality that uses thermal energy via electrical currents to deliver anti-aging and anti-blemish benefits to your skin.

For decades, estheticians and even dermatologists have used high-frequency in professional treatments as a safe and painless way to help eliminate breakouts and reverse visible signs of aging.

The NuDerma High Frequency Wand sends a low-level electrical current that passes through a glass electrode (also called a tube) filled with inert gas. This electrical current creates enriched oxygen molecules and increases circulation. The benefits range from anti-aging to treating breakouts.

Please continue reading before trying your NuDerma wand and visit **[puredailycare.com](http://puredailycare.com)** for more tips & tutorials.

## HOW TO INSERT AND REMOVE GLASS TUBES INTO HANDLE

1. Remove your NuDerma handle and applicable glass tube from the box.
  - a. Always handle the glass tube by holding it just above the metal base.
  - b. Only insert and remove a tube while the NuDerma is powered off.
2. Insert the tube by gently pushing the metal base of the glass tube into the opening of the handle. Some tubes may easily slide into the opening while others may require firmer pressure.
  - a. Never use extreme force or "jam" the glass tubes into the opening. This can cause the tubes to break and can cause injury. Never push or pull the glass tubes from their tip where they are most fragile.
3. Before removing a tube, ensure the NuDerma is powered off.
4. Hold the glass tube as close to the handle as possible (not the tip) and steadily lift the tube directly out of the opening.
  - a. Never pull or push the glass tube into the handle from an angle or by holding the glass anywhere except above the metal base.
  - b. Never insert your fingers or any other objects into the handle. Only use NuDerma official tubes.
  - c. If a part of a tube or other object becomes stuck in the opening of the NuDerma handle, immediately contact our support team. Do not try to remove fragments or broken parts yourself.

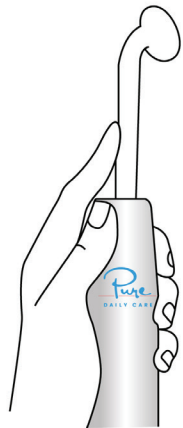
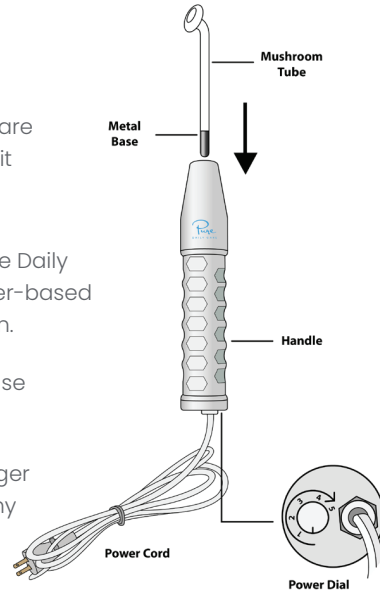
## HOW TO USE THE NUDERMA

1. Thoroughly cleanse your skin and gently pat dry.

- While it is possible to use high frequency on bare skin without a serum or gauze, you might find it more difficult to move the wand in a smooth, controlled manner.
- For best results, we recommend using the Pure Daily Care High Energy Hyaluronic Serum (or a water-based serum) to help the wand glide across your skin.

2. Plug your power cord into a wall socket. Do not use an extension cord or voltage adapter.

3. Hold the handle of your wand and place one finger at the base of the glass tube. This will prevent any small harmless static shocks when touching the device to your skin.



4. With your finger on the glass tube (as seen in diagram), switch the device on by turning the power dial to the lowest setting.

- If you're a beginner, start with your level at 1 or 2.

5. Once you've switched the device on, you may or may not hear a slight buzzing or humming noise that intensifies as you increase the power level. The sound will be less audible when the glass tube is not in contact with your skin.

- You may or may not see the wand glow when applied to your skin. It is not uncommon for the wand to not glow brightly.

6. Apply 2-3 pumps of serum to one section of your face. Work in 3-4 small sections to prevent the serum from drying out.

7. With your finger still on the glass tube, touch the glass tube's tip to your skin, remove your finger and glide the tube across your skin.

8. Use small, circular motions across your face with each treatment area needing only 10-15 seconds maximum per area. Keep the wand in motion while in use, as opposed to stopping in one area for an extended period of time. When using the spot tube, you can tap a blemish several times or keep the wand on it for 2-3 seconds. Avoid the direct eye area, eyelids, lips, and sensitive areas.

9. Once you've finished your full treatment, you can massage the residual serum into your skin and proceed with a moisturizer of your choice, or you can blot or rinse the serum off after you have unplugged your NuDerma.

10. **IMPORTANT:** Limit NuDerma sessions to a maximum of 5 minutes every other day. Do not exceed 5 minutes in any single session to preserve the integrity of the gas inside the glass tubes.

Be sure to use the lowest intensity dial setting during the first few uses. During subsequent treatments you may wish to increase the intensity to your level of comfort.

This system is effective even at the lowest intensity setting so it's not necessary to use a high power level to achieve maximum benefits from this treatment.

The intensity level that you are comfortable with will be dependent upon your skin type and sensitivity.

**HOW TO TAKE CARE OF THE NUDERMA**

- 1. Once you have completed your session, turn your device off and unplug your wand.
- 2. If needed, clean and sanitize the glass tube tubes with a soft cloth and a small amount of rubbing alcohol.
- 3. Place the dry glass tubes back into their foam inserts. Please ensure the glass is completely dry before storing or using them again.

**TECHNICAL SPECIFICATIONS**

<b>Voltage</b>	AC 110V 220V 230V 240C
<b>Working Frequency</b>	50Hz 60Hz
<b>Power</b>	10W
<b>Dimension</b>	33 x 21 x 6 cm
<b>G.W.</b>	1 Kg

If there is any problem with your NuDerma device, please contact [support@puredailycare.com](mailto:support@puredailycare.com)





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