

TRAKK[®]

BACK STRECHER DEVICE WITH HEATING

Multi-level Heated Back Stretching Device

MODEL NO# TR-BSHT01-BBU

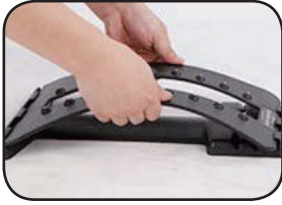


USER MANUAL

Please read the user manual carefully before using the product.

Instructions for use

Gear stretching



Lighter intensity, suitable for beginner



Moderate intensity, suitable for people who adapt



Strong intensity, suitable for advanced users



Extreme intensity, deep extension for advanced users

Installation Diagram



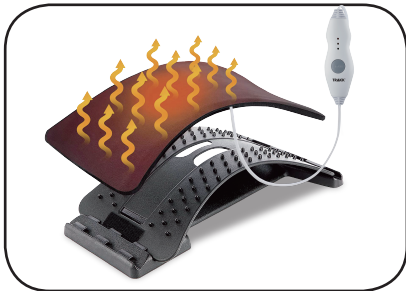
1. Easy to adjust the arch point. Pre-bending arch support is shown in the figure.



2. Put your knees on the bottom and press the shelf with both hands to align the slot.



3. Press the finger on the lumbar face plate to adjust and slip gently into the appropriate gear



4. Place the heating pad on the back stretcher correctly.



5. Plug the unit into a electrical outlet.



6. Adjust the controller to select the desired heat setting, there're 3 setting, OFF, LOW, HIGH.



7. Sitting at the arch of corresponding acupoints



8. Simple stretch back position



9. Gently stretch back position

Attention: In case of discomfort, recent surgeries or back injuries, consult your doctor before using this product. Do not use this Back Stretcher within 20minutes after meals. Pregnant women should consult their doctors before using them.

For warranty and support, please contact:

Pour la gerantie et l'assistance, veuillez contacter:

✉ support@shoptrakk.com

🌐 www.shoptrakk.com

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