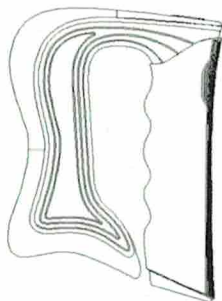


SERVICE INSTRUCTIONS



- Thank you for buying this product. Please read the instruction before use and use it correctly.
- In order to use this product safely, please read the safety precautions in the instruction manual carefully.
- After reading, please keep it for reference at any time.

Myofascial Massager

Product Model	YJK078
Size	146*105*30mm
Material	Metal + Plastic
Net Weight	380g
Mainboard	With NMES function
Battery Capacity	1100mAh
Input	5V-1A
Working State	Can be used for 4-5 hours when fully charged. Input voltage 5V. Maximum output power 0.8W.

【Working Principle】

After the machine is turned on, the micro-current and the motor vibration are activated at the same time, the blade touches the skin, and the muscles are repeatedly massaged to stimulate muscle contraction and increase muscle tension, thereby promoting blood circulation, reducing muscle soreness, and accelerating muscle relaxation. In the process of using, there are 3 gears, and the micro current and vibration of each gear have different feelings. Use it with massage essential oils and massage creams for a better experience.

【Safety Precautions】

Forbidden Personnel:

- 1 Patients who use pacemakers or have serious heart rhythm problems
- 2 Patients with cognitive impairment and skin sensory paralysis
- 3 Babies, pregnant women and parturients (within 60 days after childbirth)

Forbidden Parts:

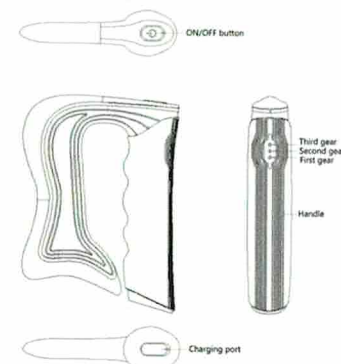
- 1 Implantation parts such as metal and plastic
- 2 Skin ulcers
- 3 Heart, carotid artery, femur and anterior throat

Forbidden Action:

- 1 Do not put the product in water
 - 2 Prohibited to use during machine operation or driving
 - 3 Prohibit self-disassembly and maintenance
- Recommended To Use:**
- 1 This product can not be close to strong magnets
 - 2 During use, please do not use the same part for a long time
 - 3 After use, please clean the cutter head with a dust-free cloth
 - 4 For safety, please keep away from children

【Safety Precautions】

Type-C charging cable is used in the product. When the instrument is low in power, the first indicator flashes to prompt charging. Please use the charging adapter with 5V voltage. Charging time is about 4-5 hours. After full, three indicator lights are on for a long time, that is to complete the charging.



【Usage Methods】

Step	Picture	Matters needing attention
Wipe massage area		Spread essential oil or water evenly on the area to be massaged to increase the comfort of massage.

Power on/off gear		Press and hold the button for 2 seconds to turn on, and there will be a beep at the same time, the device will start, and the first gear indicator will always be blue. Press and hold the button for 2 seconds to shut down, or you can leave the product. It will shut down automatically after 1 minute. Short press the button once to switch gears once with a beep prompt.
Massage		Hold the handle, touch the metal massage knife to the massage site, and slide it back and forth for massage. After turning on, the motor starts to work, and when the massage knife comes in contact with the skin, NMES starts to work. Due to the uneven distribution of the body meridians, the massage feels different in different positions for the same gear, and different gears can be selected as needed. The position of the meridians, acupoints, and blood vessels of the body is obvious with NMES, so you can stay for more massage.

【Product Warranty Card】

Product Name		Customer Name	
Product Model		Customer Address	
Manufacture Date		Contact Number	
Maintenance Staff		Maintenance Date	