



## INSTA HEATER SCARF INSTRUCTION

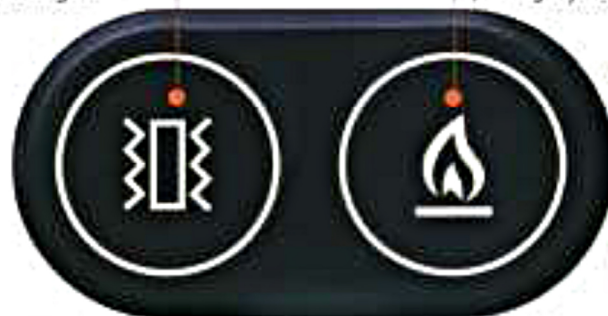
Connect the USB Cable to the power bank provided with unit.  
Insert in the pouch and secure by closing the discreet zipper.  
Please make sure that the power bank is fully charged before using.  
Then follow and select the modes provided below.

### Massage switch

Press and hold for three seconds to turn on the machine and press lightly to shift gear

### Temperature switch

Press and hold for three seconds to turn on the machine and press lightly to shift gear



## Massage Mode



**Gentle Mode**  
Continuous vibration massage



**Comfort Mode**  
Vibration 2.5s + pause 0.5s massage



**Reinforced Mode**  
Continuous vibration + intermittent vibration massage



**Strong Mode**  
Intermittent vibration massage

## Heating Mode



**Low temperature range**  
Constant heating temperature 45°C



**Medium temperature range**  
Constant heating temperature 55°C



**High temperature range**  
Constant heating temperature 60°C