## MAGIC TENS OPERATION STEPS

❶ **Install**

Connect two buttons on the the electrode pad to the main unit;

❷ **Get ready**

Remove the TENS unit from its attached paper,and place it on your neck, shoulder, arm or leg area;

❸ **Start TENS**

Press Power button (indicate the shape or log of the button) for 3 seconds, once beep sound heard, green dot light indicates the unit is ready to work;
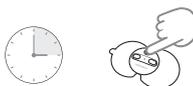
❹ **Intensity Adjustment**

Press  + / —  Power button to adjust **intensity**, two " beeps " indicate at the lowest / **highest** intensity;

❺ **Mode Adjustment**

Single-click on/off button,it will beep once each time to change to a different mode; total 5 modes;

❻ **Finish up**

**Auto Shut-off:** the Magic TENS will shut off automatically in 15mins;
**Manually Shut-off:** press Power button (show the image) for 3 seconds to shut off.