



YK-Z168

User Instruction Manual



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Thank you for your purchase. Before using this product, please read the instructions carefully. This will give you a better understanding of the product, and how to use it. According to statistics, 60%-70% of adults snore while sleeping. This can be annoying to your loved ones and also have a negative impact on your body and health.

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Infrared massage

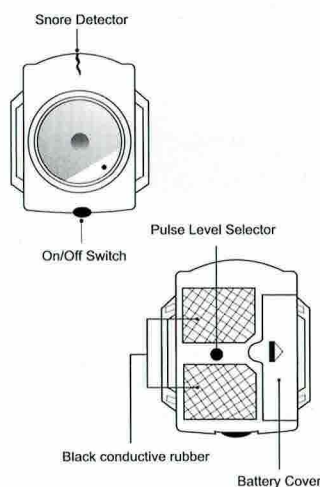


Infrared Intelligence Anti-Snore Wristband

Sleep Connection is a revolutionary device designed to reduce snoring through a new nerve stimulation process. It features a specially designed biosensor that detects snoring, a gentle, 4-second electrical pulse will be sent automatically to stimulate nerves on the snorer's skin. Then the brain senses this nerve stimulation and reminds or trains the snorer to change the sleeping position, thereby reducing snoring.

- No side effects
- Smooth pulse without disturbing normal sleep
- Automatically detects snores
- Not affected if any buttons are pressed while sleeping
- Automatic power-off after 8 hours of activation

NAMES OF PARTS AND FUNCTIONS



USAGE INSTRUCTIONS

- Open conductive film packaging included in your Sleep Connection box.
- Attach the film to the black conductive rubber pads on the back of the Sleep Connection Anti-Snore Wristband.
- Put the wristband on.
- Test: Turn switch on and adjust to position to 1 wait until the LED light turns green.
- Confirm the LED light is operating correctly and slowly press the pressure test button three times. Approximately 5 seconds later you'll feel a weak pulse.
- Ready for Usage: Pulse sensitivity differs from person to person. Choose the intensity suitable for you.

(Note: Do not use this machine if indoor or background noise is greater than 45dB. There is no pulse if the noise greater than 45dB)

WARNING!

Sleep Connection is not suitable for people with a pacemaker or another medical implant with electronic components.

TROUBLESHOOTING

If the status light is not bright or there is no response, please check the following:

- Are the batteries installed correctly?
- Do the batteries need to be replaced?
- If A and B have been completed and you are still having problems, please contact support@sleepconnectionstore.com

INCLUDED IN PACKAGE

- 1 x Sleep Connection Anti Snore device
- 1 x Wristband
- 1 x English Manual
- 1 x Tool
- 1 x Conductive Film

THE PRODUCT SPECIFICATION

Specification
Output Intensity: 180uA
Main Output Form: 0.2 HZ fixed
The output waveform: fixed number of square wave output
Service Time: 8 hours(automatic off)
Power supply: 1.5 AAA batteries(Four section of battery)
Operation environment: 10 °C ~ + 40 °C 30~85%RH °C
Preserve environment: -20 °C ~+ 50 °C 10~95%RH
Transmission environment: -10 °C~+ 50°C 30~85%RH

Note: You will be notified of product design or specifications change.

Indoor background noise	Short dialogue and other noises above 65 d B	Short of Above 65 d B
Above 65 d B (Within 50cm from TV)	Stop output	Stop output
60 d B (With 1m from TV)	Seldom output	Output
55 d B (Within 1 m from air-conditioner)	Seldom output	Output
Below 50 d B	Not output	Output