



Operating Instructions

READ ALL CAUTIONS, WARNINGS AND
INSTRUCTIONS BEFORE USING.

spotwarm.com

Warmer size – 74" x 28"

- Fits King size beds.
- Can be flipped vertically for a full body warmer or horizontally to stretch across the bed.

Warmer size – 60" x 24"

- Fits Queen and full size beds.
- Can be flipped vertically for a full body warmer or horizontally to stretch across the bed.

SETUP



1. Place the warmer underneath the fitted sheet at the base of the bed. Ensure the warmer is taught and flat against the mattress before replacing the fitted sheet. Also, make sure the plug port is facing upwards and is positioned at the corner of the bed.



2. Connect the cord plug into the plug port at the corner of the warmer until the plastic hinges "click" into place.

3. Run the cord down to the floor and under the bed. Do not tangle, crease or pinch the cord between the mattress and box spring.
4. Plug into a 110–120 volt wall outlet.
5. Insert 3 AAA alkaline or rechargeable batteries into the back panel of the remote control.

Important Setup Steps:

1. Ensure the warmer does not bunch up when replacing the fitted sheet or during use. Pull the fitted sheet down firmly to help secure the warmer in place.
2. When in use, ensure the temperature remains stable.
3. If the heat becomes too intense, lower temperature and check the warmer to see if there are any irregularities with the construction or wiring.

Caution: Never leave the warmer on and unattended. Due to the toxic nature of flame retardant material and/or sprays, these have been excluded from this product to ensure the safety of our customers. As a result, this product has a recommended lifespan of 2.5 years. With proper care, it is possible to extend that period but you should do so at your own risk.



Push Button
Remote



Corded
Controller
(13 ft Cord)

Using Your SpotWarm Controllers:








1. To turn on the SpotWarm: Press the middle of the cord controller or the remote control. The indicator light on both the cord controller and the remote will glow a different color depending on which temperature is set. The warmer will take a few minutes to heat up.
2. To change the heat setting, tap the controller again and the color will change to the next temperature. 15 seconds after selecting a setting, the cord controller will enter standby mode and the light will dim, while the remote control light will shut off to conserve power. (see below chart for temperature and timer settings associated with the illuminated color.)

CAUTION: ALWAYS turn the SpotWarm "OFF" and disconnect the power cord from the outlet when not in use.

3. To turn the warmer OFF: Touch the middle of the controller to cycle through the different settings until the indicator light turns white.

Remote Control Low Power Warning: The light will continuously blink for 5 seconds and power off until the batteries are replaced by new ones. During low power, the remote will not send signals to the controller.

If your remote and cord controller become unpaired: Repair by holding down the buttons on both controllers simultaneously for 10 seconds until you hear a beep.

LIGHT COLOR	TEMP (on warmer surface)	AUTO SHUT-OFF
 White	OFF	OFF
 Purple	101 F	6 H
 Blue	108 F	5 H
 Green	112 F	4 H
 Yellow	115 F	3 H
 Orange	117.5 F	2 H
 Red	122.5 F	1 H

Each color indicates a different temperature and auto-shutoff setting.

Frequently Asked Questions

ABOUT YOUR SPOTWARM

Q Who should NOT use this product?

A The following people should NOT use the SpotWarm:

- An infant
- A child
- An incapacitated or immobile person
- A paraplegic
- A quadriplegic
- Anyone insensitive to heat or with severe nerve damage
- Anyone who cannot clearly understand the instructions and/or operate the controls
- Anyone who is on medication or has a condition that would prevent them from recognizing an adverse event.

Q What should I do if my pet chews the warmer or the cord becomes damaged?

A Please stop using the heated product immediately. Contact your supplier on how to receive a replacement product.

Q My SpotWarm bunches up at the foot of the bed.

A If you find that the warmer is bunching up at the foot of the bed, we recommend using an adjustable 78" cord clamp that goes under the bed and pulls each end of the warmer taught. Be sure to only clamp at max 1" of each end of the warmer (fabric area only)

Q My controller feels warm to the touch. Is this a problem?

A No. The cord controller will feel slightly warm to the touch when functioning properly. DO NOT smother or cover either controller under a blanket or other object.

Q My SpotWarm doesn't heat properly.

A The SpotWarm takes a moment to heat up and it will not feel hot to the touch when first powered on. After a few minutes, if the warmer is still not heating, try the following tests to see if it is operating properly:

1. Make sure the control cord is connected to the module.
2. Inspect the product for any defects (cord and warmer)
3. Re-plug in the power cord into an outlet.
4. Turn on your heated product, then turn the control to the highest setting (red) and wait 5 to 7 minutes.

Storing and Cleaning your SpotWarm

Before Washing or Storing your SpotWarm:

We recommend you wash your SpotWarm as little as possible to reduce wear and tear.

1. Disconnect power cord from wall BEFORE detaching cord controller from the heated product.
2. Ensure that no cords are still connected and none of the internal wires have worn through the fabric.
3. Carefully follow all washing instructions or your product may shrink and possibly cause a fire hazard.
 - DO NOT submerge controllers in water.
 - DO NOT dry clean your product. Dry cleaning solvents may damage the wires.
 - DO NOT use bleach or cleaning fluids.
 - DO NOT use a wringer.
 - DO NOT iron your heated product.
 - DO NOT use mothballs or sprays of any kind.
 - DO NOT reconnect the heated product until it is COMPLETELY dry.
 - DO NOT wash or submerge any of the product's cords.
 - DO NOT use analgesic cream in combination with your heated product.

Taking care of your heated product is easy and safe as long as you follow a few simple steps.

Hand Washing

1. Presoak the SpotWarm for 15 minutes in mild soap and cold water.
2. Gently wash the warmer in cold water. DO NOT SCRUB the SpotWarm as it could damage the internal wires.
3. Rinse in fresh, cold water. DO NOT wring the warmer out.

Hand Drying

1. Drape the heated product over a clothesline or shower rod to AIR DRY. DO NOT pin.
2. Heated product must be COMPLETELY dry before reconnecting the power plug.

Caution: We DO NOT recommend machine washing or machine drying as it can damage the internal wiring and decrease the lifespan of the product and/or create a safety hazard.

IMPORTANT INSTRUCTIONS DO NOT DESTROY

CAUTIONS AND WARNINGS

AS WITH ALL ELECTRICAL PRODUCTS, MISUSE OF PRODUCT OR FAILURE TO PROPERLY FOLLOW THE INSTRUCTIONS MAY CAUSE OVERHEATING, FIRE OR PERSONAL INJURY. PLEASE READ ALL OF THE INSTRUCTIONS BEFORE USING YOUR HEATED PRODUCT.

1. DO NOT USE THIS HEATED PRODUCT WITH AN INFANT, A CHILD, AN INCAPACITATED OR IMMOBILE PERSON, A PARAPLEGIC, A QUADRIPLAGIC, OR ANYONE INSENSITIVE TO HEAT.
2. DO NOT USE THIS PRODUCT IF YOU ARE ON PAIN MEDICATION, OR HAVE A HANDICAP TO SENSING HEAT OR REACTING TO AN ADVERSE SCENARIO.
3. DO NOT USE THE PRODUCT DIRECTLY AGAINST BARE SKIN
4. IF NUMBNESS OR BURNING OCCURS, DISCONTINUE USE IMMEDIATELY AND CHECK THE PRODUCT FOR ANY IRREGULARITIES IN CONSTRUCTION. DO NOT CONTINUE TO USE AND CONTACT YOUR SUPPLIER.
5. DO NOT USE IF YOU HAVE A HISTORY OF HEAT INJURY OR ADVERSE REACTIONS TO HEAT.
6. CHECK THE BODY AFTER EACH USE TO ENSURE IT IS NOT CAUSING UNKNOWN DAMAGE TO SKIN.
7. MINOR SKIN REDNESS MAY OCCUR. IF ANY SKIN DISCOLORATION DOES NOT ALLEVIATE, DISCONTINUE USE IMMEDIATELY.
8. DO NOT USE SPOTWARM ON A WATERBED.
9. FOR CUSHION WARMERS: DO NOT USE WITH ROCKING CHAIRS, RECLINERS, CHAIRS WITH CASTERS OR WHEELS, OR OTHER FURNITURE SUBJECT TO MOVEMENT.
10. DO NOT USE WITH ANOTHER ELECTRICALLY HEATED PRODUCT SUCH AS A BLANKET, MATTRESS PAD OR THROW.
11. DO NOT ROUTE ELECTRICAL CORDS BETWEEN THE MATTRESS AND BOX SPRING. DO NOT ALLOW THE CORDS TO BE PINCHED, FOLDED, CREASED OR KNOTTED.
12. DO NOT USE WITH DAMAGED CORDS. DAMAGED CORDS CAN LEAD TO OVERHEATING OR FIRE.
13. WRAPPING THE CORD AROUND THE CONTROLLER MAY DAMAGE THE CORD. WRAP LOOSELY WHEN STORING.
14. IMPROPER LAUNDERING MAY CAUSE PROBLEMS WITH THE HEATING WIRE WHICH CAN LEAD TO FIRE.
15. DO NOT TUCK IN, PINCH, FLEX, FOLD OR BUNCH THE WARMER.
16. TURN OFF OR UNPLUG THE CONTROL FOR THE HEATED PRODUCT WHEN NOT USING.
17. KEEP THE CONTROL AWAY FROM AREAS THAT MAY BECOME WET, SUCH AS AN OPEN WINDOW OR A PET.
18. DO NOT USE PINS; THEY MAY DAMAGE THE ELECTRIC WIRING.
19. ONLY USE AN AC SUPPLY CURRENT CIRCUIT OF 110-120 VOLTS 60 HZ. DO NOT USE WITH AN EXTENSION CORD. DO NOT USE WITH GENERATORS, POWER CONVERTERS, OR INVERTERS.
20. KEEP ALL DOGS, CATS AND OTHER PETS AWAY FROM EXPOSED CORDS AND THE CONTROLLERS. THIS IS AN ELECTRICAL APPLIANCE THAT THEY CAN DAMAGE OR INADVERTENTLY TURN ON.
21. NOT FOR HOTEL, MOTEL, OR OTHER INSTITUTIONAL USE.
22. IF IMPROPER OPERATION OF THIS PRODUCT IS OBSERVED, UNPLUG IMMEDIATELY, DISCONTINUE USE AND CALL YOUR PRODUCT PROVIDER ABOUT THE WARRANTY SERVICE.
23. CHECK WITH YOUR HEALTHCARE PROVIDER BEFORE USING WITH A PACEMAKER OR ANY MEDICAL DEVICES.
24. CONTROLLERS MUST NOT BE WRAPPED, COVERED OR TUCKED WHEN OPERATING.
25. IF YOU EXPERIENCE ANY ADVERSE REACTION TO YOUR BODY OR THE DEVICE ITSELF, DISCONTINUE USE IMMEDIATELY AND CONTACT YOUR SUPPLIER.
26. IF YOU NOTICE ANY BURNING SMELL IMMEDIATELY UNPLUG AND INSPECT THOROUGHLY. THEN DISCONTINUE USE AND CONTACT THE SUPPLIER.

ELECTRICAL PRECAUTIONS

Keep connections dry. Always keep the unit in a place where the connections will not fall into water (e.g., a tub, sink, etc.). If the electrical connections fall into water, do not touch any wet part of the product. Unplug only at dry electrical connections.

Do not operate — or unplug immediately — if plug, or cord, is damaged.

To resolve damaged parts, unplug and contact PMT.

- » DO NOT HANDLE THE ELECTRICAL CORD WITH WET HANDS.
- » UNPLUG TO STOP THE PRODUCT WHEN NOT IN USE.
Unplug immediately after use. Never leave unattended when plugged in.
- » USE INDOORS ONLY
- » FLAMMABLE
- » PLUG THE POWER CORD INTO A 110-120 VOLT WALL OUTLET ONLY

This appliance has a polarized plug (one blade is wider than the other). Do not attempt to force the plug. To reduce the risk of electrical shock, this plug is intended to fit only one way into an outlet. If the plug does not fit in the outlet, reverse the plug. If it still does not fit, contact a qualified electrician. Do not attempt to defeat this safety feature.

Do not use in places with flammable vapors or gasses, high oxygen concentrations or other oxidizers. Risk of explosion if used in the presence of flammable anesthetic. Keep the cord and transformer away from heated surfaces.

CONTRAINDICATIONS

- » History of heat injury or adverse reactions to heat
- » Monitor patients skin condition during therapy (every 20 minutes); special care monitoring must be provided for children, patients on prolonged therapy, unconscious or incapacitated patients, diabetics, and those with poor circulation
- » Application areas with compromised local circulation
- » Potential wound healing problems, including those from multiple surgical procedures; do not apply heat to areas that are susceptible to developing bedsores
- » Circulatory syndromes such as Raynaud's disease, Buerger's disease, peripheral vascular disease, vasospastic disorders, sickle cell anemia, and hypercoagulable clotting disorders
- » Local tissue infection
- » Hand/wrist or feet/ankle surgery w/ polyneuropathy

SAVE THESE INSTRUCTIONS; DO NOT DESTROY

IF THE FOLLOWING IMPORTANT INSTRUCTIONS ARE NOT FOLLOWED, THE HEATED PRODUCT WILL NOT OPERATE PROPERLY.