

Heat Therapy Wraps and Rechargeable Battery

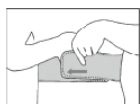
User Guide

Thank you for purchasing a Heat Therapy Wrap.
Please take a moment to read this guide and store it for future reference.

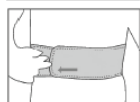
BACK WRAP



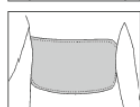
Place heating area over your back with logo facing out.



Bring the straps around your sides.

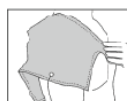


Lay the strap with the logo over the other end to close it with the velcro.

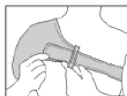


Our Back Wrap may also be used in the front to relieve pain from menstrual cramps.

SHOULDER WRAP



Place the wrap, logo facing out, so that the cupping of the wrap fits over your shoulder.



Bring the longer strap around your back and under the opposite arm to the front of your chest. Put the longer strap through the loop.

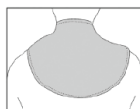


Tighten the strap and bring the velcro back over the strap so the logo is now facing out.

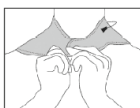


Bring the smaller velcro strap beneath your arm and place it over the wrap as shown. It should fit securely over your bicep.

NECK WRAP



Place wrap over back of neck.

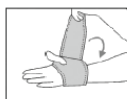


Place straps around the neck and over one another to secure the velcro.

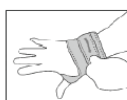
WRIST WRAP



Place thumb through the slit, with the wrap's logo side facing out.



Wrap the strap around your wrist, making sure to support any area with slight compression.



Lock the strap in place with the velcro at the end of the strap by placing it over the wrap surface.

KNEE WRAP



Place wrap over knee, making sure the cupping of the wrap goes over the knee cap. Wrap the upper strap around your thigh and close the velcro over the wrap.



Wrap the lower strap around your upper calf and secure the velcro over the top of the wrap.



You may use the wrap over either knee. To do so repeat the same directions on your other knee.

BATTERY GUIDE

Charge the battery pack by plugging it into an AC outlet. The charge indicator light on the AC adapter will illuminate RED while charging. It will illuminate GREEN when the battery pack is fully charged. Charge time is about 3.5 hours.

NOTE: *The battery pack must be fully charged before the first use. For best results, be sure to charge the battery pack at least every 6 months.*

Connecting the Battery Pack

- Locate the power connection on your Heated Therapy Wrap and plug in the charged battery pack.
- Tuck the battery pack into the storage pocket on your device.
- Use the control button on your Heated Therapy Wrap to select the temperature.

Cleaning and Maintenance

Spot clean your Heated Therapy Wrap with a soft cloth and mild soap when needed.

- Remove the battery pack before cleaning
- Hang dry
- Do not iron
- Do not twist/wring
- Do not use bleach or harsh chemicals

WARRANTY/CUSTOMER SERVICE

This item from SharperImage.com includes a 1-year limited replacement warranty. If you have any questions not covered in this guide, please call our Customer Service department at 1 (877) 210-3449. Customer Service agents are available Monday through Friday, 9:00 a.m. to 6:00 p.m. ET.