

Black Ice® CoolTherapy™ System

Thank you for choosing Black Ice. Used as directed, Black Ice CoolTherapy products will help relieve pain and swelling by providing a comfortable 52°F temperature output. To get the most effective use from Black Ice, please follow these four simple steps:

1 Charge Packs

Black Ice CoolTherapy Packs offer three charging options*:

- Ice water: 1.5 hr. (good pliability)
- Freezer: 1.5 hr. (max cooling time)
- Refrigerator: 3 hr. (max pliability)

Do not place CoolTherapy Packs in microwave.

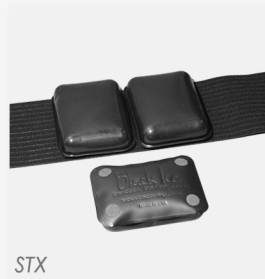


2 Mount Packs

Place charged CoolTherapy packs on wrap using Velcro fasteners. Choose pack quantity and orientation according to your needs.



BTX



STX



UTX

3 Put It On

Place wrap so pack surface (s) directly contacts area of pain. Loop wrap/straps around and fasten with Velcro tab. Adjust fit as needed. CoolTherapy works best against bare skin. If too cold straight from the freezer, first let packs stand for 10 min.



4 Compress

Adjust compression using Velcro-tabbed adjustment strap (s) located on the end or each side of wrap (BTX).

**charge times approximate*

Caution: Some people are more sensitive to cold than others. Check for skin color change when swapping packs. If a skin color change occurs, wait a minimum of 2 hrs. before reapplication.



Care and Storage: Hand wash Packs in warm soapy water (dish washing liquid is best). Air dry. Hand wash wrap in cold water. Air dry.

Store CoolTherapy Packs in the freezer or refrigerator for year-round instant access to CoolTherapy.

NOTICE

Used as directed, Black Ice CoolTherapy products can be used continuously for uninterrupted 24/7 CoolTherapy. Discard pack (s) if ruptured. Packs contain mineral oil (CAS# 8020-83-5). If ingested, dilute and consult physician. In event of skin contact with pack contents, wash affected area with soap and water. Keep away from open flame. Not for infants or young children. Patients suffering from Reynaud's, or those who are sensitive to cold temperatures, should use with caution.

Made in USA

Black Ice
be cool. be very cool.®

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