



## Kanjō Neck Pillow

Taken from the ancient Chinese methodologies in acupuncture, the Kanjō Neck Pillow targets acupressure points to reduce pain throughout the neck and shoulders. The pillow includes a custom memory foam filling that gently molds to the pained area providing a custom experience for every user.

## Using Your Kanjō Neck Pillow

To use the Kanjō Neck Pillow, place the pillow around your neck as shown below. You can use the Kanjō Neck Pillow sitting up or laying down. You may also connect the two ends of the Kanjō Neck Pillow using the attached button to enhance your experience.





2 Laying Down



**NOTE:** The Kanjō Neck Pillow's pain-relief effects are best facilitated by lying on the mat with your bare skin. For some, this may be overwhelming, and a shirt can be worn to reduce sensitivity to the pillow's stimulators.

If it's your first time using the Kanjō Neck Pillow, we recommend a 15-minute session to start. First-time Kanjō Neck Pillow users may feel strange or even uncomfortable lying on the plastic stimulators. Any discomfort will subside as your body responds to the stimulators' effects and pain relief begins. (Usually after a few minutes of contact.)



Please contact us at info@acutens.com with any questions or concerns.



WARNING: Choking Hazard.



WARNING: Follow all instructions carefully and use only as directed. Always consult with your health care professional before treating any serious injury or if pain persists beyond treatment with the Kanjō Neck Pillow.



WARNING: Risks are associated with any exercise program. Please consult with your healthcare professional before performing this or any physical activity.