# SHARPER IMAGE®

# ACUPRESSURE PAIN RELIEF MASSAGE PEN

Item No. 207445

User Guide



Thank you for purchasing the Sharper Image Acupressure Pain Relief Massage Pen. Please read these instructions carefully and store them for future reference.

### INTRODUCTION

The Acupressure Pain Relief Massage Pen an acupuncture simulation device that blocks pain signals, promotes blood circulation and rejuvenates the skin. Commonly used in Traditional Chinese Medicine (TCM), it works by sending low-voltage electrical impulses into the skin and muscle, to produce rapid muscle contractions.

### **FEATURES**

- Non-invasive, drug-free pain relief
- · Promotes blood circulation
- · Refreshes and rejuvenates the skin
- · Includes 4 interchangeable heads
- · Can also be used with no head attached
- · 9 intensity levels
- · Cordless and portable
- · Operates on 1 AA battery

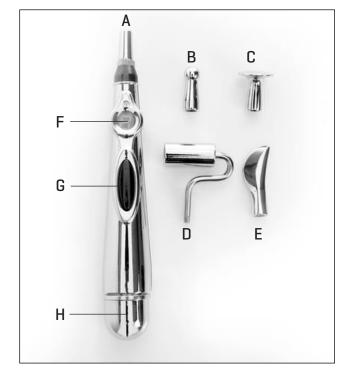
## **IDENTIFICATION OF PARTS**

- A. Node point/no head attached (pain relief)
- B. Traditional acupuncture head (pain relief)
- C. Dome head (beauty and facial rejuvenation)
- D. Tapping massage head (full body pain relief)
- E. Scraping massage head (circulation)
- F. Intensity display screen
- G. Toggle button
- H. Battery compartment

# INSTRUCTIONS FOR USE

The Acupressure Pain Relief Massage Pen uses low-voltage electrical pulses to help provide temporary pain relief by blocking pain signals as they travel from the nervous system to the brain.

- 1. Insert 1 AA battery into the battery compartment.
- 2. Select an interchangeable head for your massage session. This set includes 4 interchangeable heads. Note: You may also use the threaded tip (without a head) for massage and pain relief.
- 3. Hold the device with the tip up.
- 4. Press the Toggle button. The number "1" should appear on the display screen. You may use the Toggle button to adjust the intensity as needed.
- 5. Apply skin lotion (aloe vera) or contact gel to the area you wish to treat. This is recommended to reduce stinging. **NOTE**: *lotion/gel not included.*



6. Starting at a low setting (3-4), press the tip to the skin. Slide the device across the skin until you feel a pulsing sensation. When you feel a pulsing sensation, you have found an acupoint and you are stimulating it. Keep the device in that location for a few minutes for temporary pain relief. You may continue to hold it in that location or slide it back and forth between acupoints.

**NOTE**: If you do **NOT** feel any pulsing sensation, increase the intensity to a higher setting. If you start to feel a stinging sensation, apply more lotion or contact gel.

**NOTE**: Due to the nature of electrical circuits, you may occasionally feel an electrical pulse in the hand that is holding the device. If this occurs, simply change your grip slightly to break the circuit and prevent further impulses.

## IMPORTANT INSTRUCTIONS FOR FACIAL USE

The Acupressure Pain Relief Massage Pen uses low-voltage electrical pulses to help tighten and rejuvenate the skin and reduce the appearance of fine lines and wrinkles. However, you must take extra care to start at the lowest level (1) and avoid the mucous membranes and eyes. Never place the Acupressure Pain Relief Massage Pen into any orifice of the body.

- 1. Attach the dome head for beauty and facial rejuvenation.
- 2. Apply skin lotion (aloe vera) or contact gel to the area you wish to treat.
- 3. Starting at the lowest setting (1), press the tip to the skin. Slide the device across the skin until you feel a pulsing sensation. When you feel the pulsing sensation, you have found an acupoint and you are stimulating it. Keep the device in that location for a few minutes. Concentrate on the puffiness around the eyes and cheeks. You will be amazed at the difference after just a few sessions.

### WARNINGS

**DO NOT** use this device if you have pacemaker, pulse regulator, artificial heart, artificial lungs or other lifesustaining electronic medical device.

**DO NOT** use this device in a shower, bath or high humidity environment.

**DO NOT** use on the eyes, mucous membranes or inside any orifice of the body.

If using on the face, be sure to start at the lowest level (1) and take extra care to avoid the eyes and mucous membranes.

Keep this device away from children and pets at all times.

**DO NOT** use this device if you are pregnant or have a serious heart condition or other life-threatening disease or injury.

**DO NOT** open or modify this device, there are no user-serviceable parts

If this device will not be used for an extended period of time, please remove the battery before storing it.

Dispose of batteries in accordance with all local laws.

# WARRANTY / CUSTOMER SERVICE

Sharper Image branded items purchased from SharperImage.com include a 1-year limited replacement warranty. If you have any questions not covered in this guide, please call our Customer Service department at 1 (877) 210-3449. Customer Service agents are available Monday through Friday, 9:00 a.m. to 6:00 p.m. ET.