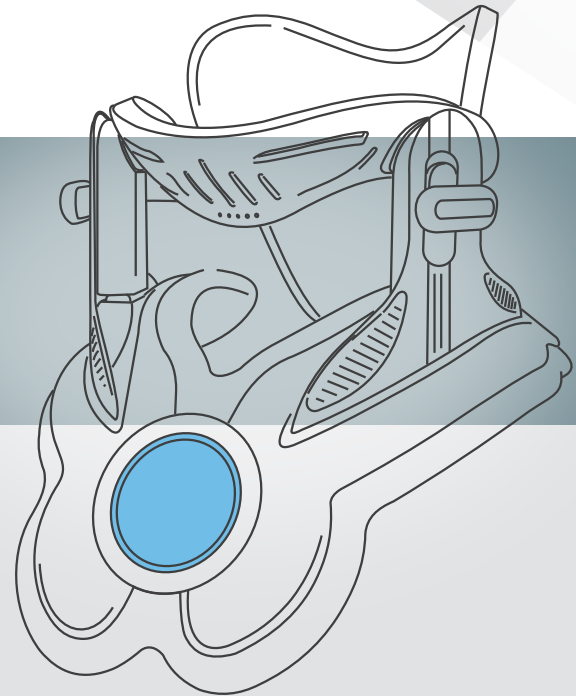


Air Collar

pain relief collar
for the cervical spine

NECK TRACTION DEVICE



MANUAL

Please read this manual before using the device

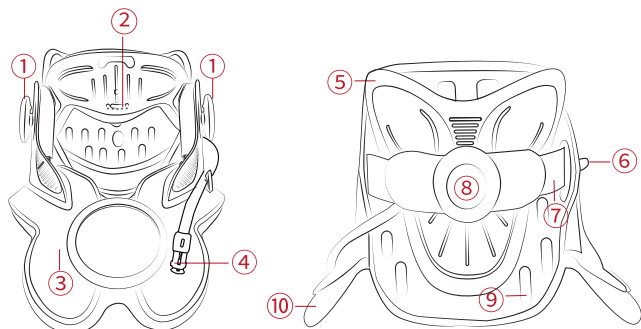
Introduction

The Air Collar is a patented device that is designed to adjust the user's cervical spine to the natural physiological curve of 20°

The knobs on the side can be used to adjust the traction strength.

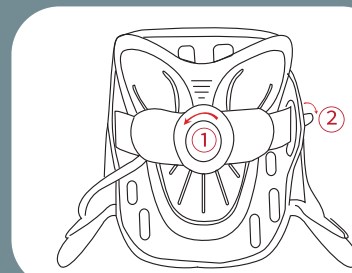
The back air bladder will gently lift the user's cervical vertebra with vertical air columns.

It is light-weight, easy-to-use, and can be used while standing, sitting, or working at the office.

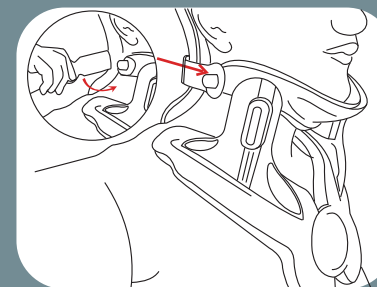


- ① side knobs
- ② chin support
- ③ shoulder support
- ④ fill valve
- ⑤ back head support
- ⑥ anchor point
- ⑦ pull strap
- ⑧ back knob
- ⑨ air bladder
- ⑩ shoulder support pads

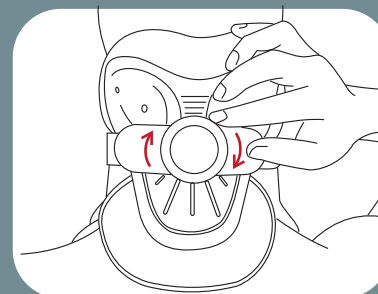
Operation Instructions



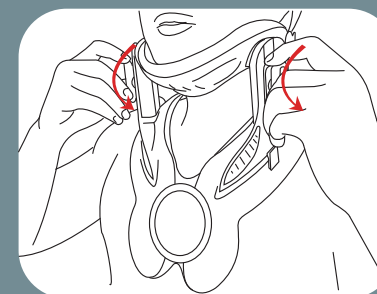
- ① Turn the back knob counter clockwise to the loosest setting. Turn the side knobs backwards to loosen to the loosest setting.



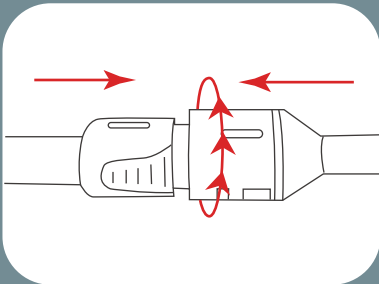
- ② Disconnect the pull tab from the anchor point to open the side of the brace. Place around head and re-attach the pull tab back to its anchor point.



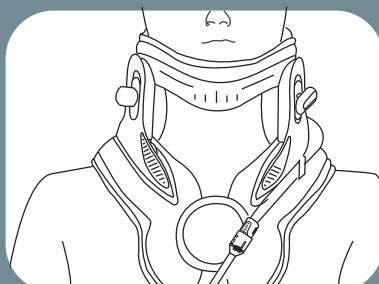
- ③ Turn the back knob clockwise to the most appropriate size that feels comfortable. Turn it counter-clockwise if you feel uncomfortable.



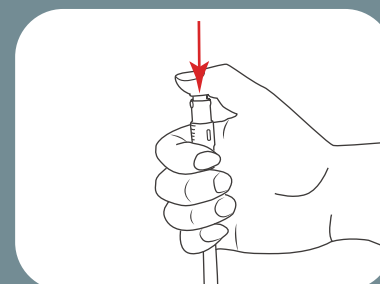
- ④ Turn the side knobs upwards for desired traction level. Turn the knobs down if the traction level exceeds comfort.



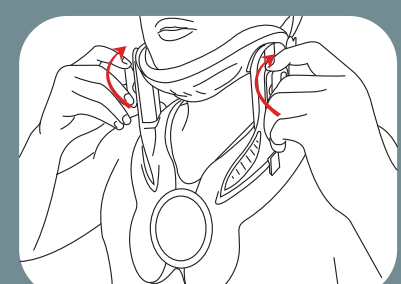
- ⑤ Connect the air pump to the valve. Hold and turn the valve in the pump forward to lock.



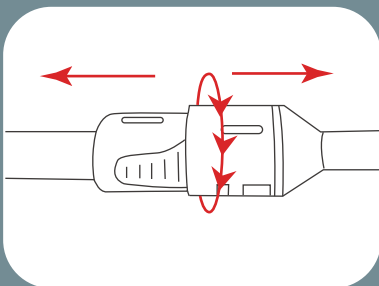
- ⑥ Use the pump to inflate to the most comfortable level.



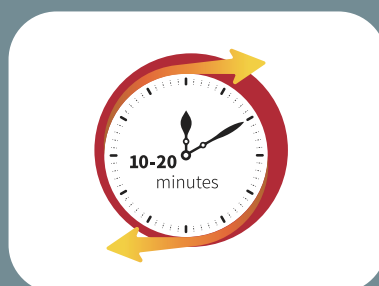
- ⑨ When the treatment is over, gently push and hold the quick release fill valve to release the air pressure.



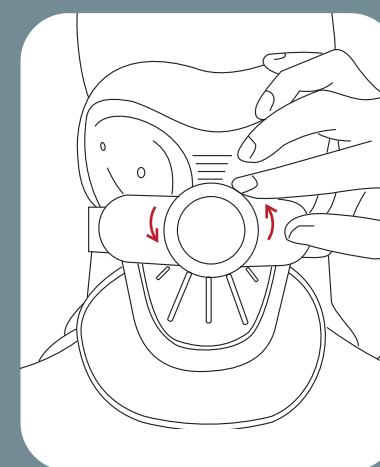
- ⑩ Turn both side knobs downwards to the loosest setting



- ⑦ Turn the valve in the pump backward to disconnect.



- ⑧ Leave the device in place for 10-20 minutes or for the time recommended by your physician.



- ⑪ Turn the back knob counter-clockwise, then disconnect the pull tab from the anchor point. Remove the device from your neck.











Tips

1. Keep the cervical spine stable as much as possible during use.
2. When the air bladder is full, you may hear the sound of air leaking. That means the pressure relief over flow valve is working to protect the air bladder from bursting.

Maintenance & Cleaning

1. Wipe the device and the air bladder with a clean, damp cloth. **DO NOT BLEACH OR SUBMERGE IN WATER.**
2. Take apart the fabric pads and clean with mild detergent. **DO NOT MACHINE WASH.**
3. Air dry only. Avoid direct sunlight and heat exposure.
4. Prevent punctures: do not use anything sharp with this device.
5. To preserve the life of the pads, do not wash them too often.

Cautions And Warnings

| | |
|---|---|
|  <p>1 Consult with your physician before using this product.</p> |  <p>2 Remove all jewelry, earrings, necklaces, eyeglasses or any other item that could get in the way of therapy</p> |
|  <p>3 Wear this device for 10-20 minutes, 1-3 times per day.</p> |  <p>4 Do not use this device if you are pregnant or under age 12.</p> |
|  <p>5 Do not use this device if you have a disease malignancy or cancer</p> |  <p>6 Do not use this device if you have spinal cord spondylosis.</p> |
|  <p>7 Avoid device contact with sharp objects</p> |  <p>8 If you experience or feel any adverse reaction to this product, discontinue use of the product and contact your physician</p> |
|  <p>9 If you experience dizziness, nausea, numbness, or any other adverse effects, please discontinue use of the product and contact your physician.</p> |  <p>10 Please keep regular exercises in conjunction with the use of this device.</p> |