

SHIATSU KNEADING AND ROLLING FOOT MASSAGER

Item No. 206997

User Guide



Thank you for purchasing the Shiatsu Kneading and Rolling Foot Massager. Please take a moment to read this guide and store it for future reference.

FEATURES

- 4 Preset massage modes
- 3 Auto target modes for toe / arch / sole
- Manual mode with variable speed and direction
- 15-minute automatic shutoff

BASIC OPERATION

- Plug the power cord directly into a standard AC outlet
- Press the ON/OFF button to turn the unit on
- Set the unit to your choice of massage programs

USING THE CONTROL PAD

Auto Mode: Press the “Auto” button to cycle through four preset massage programs. Each program contains a specific massage sequence designed to stimulate the different pressure points on your feet and heels. [**Note:** You will hear a beep each time a new massage program is selected]

P1: Clockwise medium speed 20 seconds / counterclockwise low speed 20 seconds / clockwise low speed 10 seconds, clockwise high speed 25 seconds / clockwise low speed 20 seconds / clockwise medium speed 25 seconds / counterclockwise high speed 25 seconds, counterclockwise medium speed 15 seconds / counterclockwise low speed 30 seconds / counterclockwise medium speed 10 seconds / clockwise high speed 20 seconds / clockwise medium speed 10 seconds / clockwise low speed 10 seconds / clockwise high speed 10 seconds / clockwise medium speed 10 seconds / clockwise low speed 10 seconds / repeat.

P2: Counterclockwise medium speed 25 seconds / counterclockwise low speed 30 seconds / counterclockwise high speed 25 seconds / counterclockwise low speed 20 seconds / counterclockwise medium speed 10 seconds / clockwise medium speed 10 seconds / clockwise high speed 15 seconds / clockwise medium speed 20 seconds / clockwise low speed 15 seconds / counterclockwise low speed 15 seconds / counterclockwise medium speed 10 seconds / counterclockwise high speed 15 seconds / counterclockwise medium speed 10 seconds / counterclockwise low speed 5 seconds / clockwise low speed 5 seconds / clockwise high speed 10 seconds / clockwise low speed 8 seconds / clockwise high speed 8 seconds / repeat.

P3: Counterclockwise medium speed 28 seconds / counterclockwise low speed 27 seconds / counterclockwise high speed 19 seconds / clockwise high speed 10 seconds / clockwise low speed 16 seconds / clockwise medium speed 50 seconds / counterclockwise medium speed 7 seconds / counterclockwise low speed 28 seconds / counterclockwise medium speed 10 seconds / counterclockwise high speed 15 seconds / counterclockwise medium speed 10 seconds / counterclockwise low speed 5 seconds / clockwise low speed 5 seconds / clockwise high speed 10 seconds / clockwise low speed 5 seconds / clockwise high speed 10 seconds / repeat.



P4: Counterclockwise medium speed 2 seconds / clockwise medium speed 26 seconds / clockwise low speed 27 seconds / clockwise high speed 25 seconds / clockwise low speed 20 seconds / clockwise medium speed 20 seconds / clockwise high speed 20 seconds / clockwise medium speed 5 seconds / counterclockwise medium speed 15 seconds / counterclockwise low speed 15 seconds / counterclockwise medium speed 15 seconds / clockwise medium speed 5 seconds / clockwise high speed 15 seconds / clockwise medium speed 10 seconds / clockwise low speed of 10 seconds / clockwise high speed 10 seconds / clockwise medium speed 10 seconds / clockwise low speed 10 seconds / repeat.

Custom Mode: Press the “Custom” button to automatically target different areas of the foot [Toe, Arch and Sole].

Toe Mode: Counterclockwise medium speed 60 seconds / clockwise medium speed 60 seconds / counterclockwise medium speed 60 seconds / repeat.

Arch Mode: Counterclockwise medium speed 120 seconds / clockwise medium speed 120 seconds / counterclockwise medium speed 120 seconds / repeat.

Sole Mode: Counterclockwise medium speed 180 seconds / clockwise medium speed 180 seconds / counterclockwise medium speed 180 seconds / repeat.

Manual Mode: Press the “Manual” button to begin a personalized massage experience. Simply use the Speed and Direction arrows to find the perfect massage for your needs.

AUTOMATIC SHUTOFF

Please note: There is an automatic shutoff timer that turns off all massage programs after 15 minutes. To manually turn off the unit, press and hold the **ON/OFF** button until the unit beeps. The unit will power off within 5 seconds.

SAFETY WARNINGS

To reduce the risk of burns, fire, electric shock or injury to people:

- Only use this appliance for its intended household use as described in this manual
- Before using this device, inspect the unit and power cord to determine if there is any damage. If there is any damage, do not use this device
- Do not use this device in or near water. Do not immerse in water
- Not for use by children. Keep this device out of reach of children

WARRANTY / CUSTOMER SERVICE

This item from SharperImage.com includes a 1-year limited replacement warranty. If you have any questions not covered in this guide, please call our Customer Service department at 1 (877) 210-3449. Customer Service agents are available Monday through Friday, 9:00 a.m. to 6:00 p.m. ET.