# SHARPER IMAGE®

#### HEATED PHYSIOTHERAPY MASSAGER

Item No. 205471

User Guide

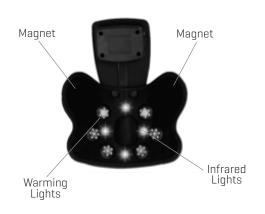
Thank you for purchasing the Sharper Image Heated Physiotherapy Massager. This user's manual provides important information for operation and safety. Please read this manual carefully and understand it thoroughly before operation. Keep this manual for future reference.

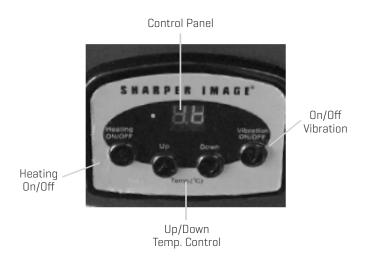
**NOTE:** This device is not intended for medical use. It is intended only to provide a relaxing massage at home.

#### **FEATURES**

- · Infrared Light and Heat Therapy (700~50,000nm wavelength)
- · Adjustable temperature 40°- 65°C (104°F-149°F)
- · Magnetic Therapy (2X magnets, 1,100 gauss)
- · Vibration Massage (7,000 RPM)
- · Detachable and adjustable straps for elbow, shoulder and knee
- · Includes three straps [1X 70cm, 2x 35cm]
- · Includes a protective pad
- · Auto timer shuts off after 30 minutes
- · Plugs into an AC outlet

#### PRODUCT PARTS





#### HOW TO OPERATE THE HEATED PHYSIOTHERAPY MASSAGER

- 1. Place the comfort padding cover on the knee.
- 2. Put the massager on the top of the comfort padding cover with the control panel facing up.
- 3. Adjust the straps until it fits your knee properly when buckled.
- 4. For best results, always attach the massager to the curve of knee as close as possible.
- 5. Connect the AC power cable to the device and plug the adapter into a wall outlet.
- 6. The LED light on control panel will turn on, and the LED screen will show "--".
- 7. To turn on the Infrared Heat function, press the Heating ON/OFF button once on the control panel. The Infrared Therapy will start working, and the LED screen will show 40°C (104°F, the default minimum temperature).
- 8. Press the UP or DOWN button on the Control Panel to set your preferred temperature [maximum of 65°C, 149°F]. The thermostat control system automatically adjusts based on the heat level. The device will stop warming up when it reaches the preset temperature and restart when it falls below your preset temperature. [Note: The warming lights will turn on and off during heating].
- 9. To turn off the Infrared Heat function, press Heating ON/OFF button once again on the control panel. The LED screen will show "--".
- 10. Press the Vibration ON/OFF button for Vibration Massage. It will stop vibrating after 30 minutes.

#### NOTES

- The temperature increment between 40°C (104°F) and 55°C (131°F) is 5°C (9°F). From 56°C (132°F) to 65°C (149°F), the temperature increment is 1.8°F.
- This device will be reset to 40°C (104°F) for the next use.
- The default time for Infrared Heat Therapy is 30 minutes. Press the Heating ON/OFF button on the control panel again for more cycles.
- The default time for Vibration Massage is 30 minutes. Press the Vibration ON/OFF button on the control panel again for more cycles.
- · Infrared Heat Therapy and Vibration Massage are independently controlled.
- · For best results, use this device 2 to 3 times per day for 30 minutes each time.

#### SAFETY INSTRUCTIONS

Please read the following safety instructions carefully before using this massager. If you suffer from any of the medical conditions listed below, consult with a doctor before using this device.

#### We advise you to consult with your doctor before using this device if you:

- · Suffer from heart disease or a heart condition.
- · Have a sensory disorder or pacemaker
- Suffer from osteoporosis or diabetes
- · Are prohibited from exercise by your doctor
- · Are pregnant
- · Have a malignant tumor or skin allergy
- · Are undergoing medical treatment
- · Are physically disabled

#### SAFETY WARNINGS

- · This device is designed for indoor, home use only.
- · Never leave this device unattended while it is plugged in.
- · Always remove the plug from the power outlet after use.
- · Never use the device close to a heater, fireplace, stove or other heat source, and avoid smoking when using this massager.
- · Never use this device if the plug or wire is damaged, or if it is broken or wet.
- · Always plug in the power source when the power switch is in the OFF position.
- Do not use this device in sauna room or bathroom, or in area with high humidity.
- · Never use this device while your body or the target area is wet.
- · Wait 60 minutes after eating to use this device.
- Do not use this product for more than 60 minutes at a time. Always take a break of 5 to 10 minutes if you want to use for more cycles.
- · Keep out of reach of children at all times.
- Do not use this product while sleeping.
- To avoid excessive stimulation of the muscles and nerves, the massage time should not exceed the recommended 60 minutes at a time (its default time is 30 minutes).

#### WARNING: TO REDUCE RISK OF BURNS, FIRE, ELECTRIC SHOCK OR INJURY TO PERSONS:

- Do not operate under a blanket, pillow or other materials. Excessive heating can occur and cause fire, electric shock or injury to persons.
- · Use this device only for its intended use as described in this manual.
- Never operate this device if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged or dropped into water.
- Do not carry this device by the power cord or use the power cord as a handle.
- Turn all controls to the OFF position before removing the plug from the outlet.
- · Use only the original AC adaptor included with this device.
- · Avoid the use of an extension cord. The extension cord may overheat and cause a risk of fire.
- Do not use this product on varicose veins.

#### CARE AND MAINTENANCE

- · Store this device in a moisture-free, dry place when not in use.
- Do not wrap the power cord around the device.
- Do not hang the device using the power cord.
- · Keep away from all solvents and harsh detergents.
- · Unplug the device and allow it to cool before cleaning. Wipe with a soft, dry cloth as needed.
- Never submerge the device in water or other liquids.
- Do not use abrasive cleaners, brushes, gasoline, kerosene, glass/furniture polish, or paint thinner to clean the massager.

### SUGGESTED USES







For the Elbow

For the Shoulder

For the Knee

## WARRANTY / CUSTOMER SERVICE

Sharper Image branded items purchased from SharperImage.com include a 1-year limited replacement warranty. If you have any questions not covered in this guide, please call our Customer Service department at 1 (877) 210-3449. Customer Service agents are available Monday through Friday, 9:00 a.m. to 6:00 p.m. ET.

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